



Sandwell

Children's Trust

# Children with Disabilities

Short Breaks

Eligibility Statement



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## Short Breaks Statement

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Short Breaks have been created because it is recognised that there is an impact on everyday life if a child has a disability. This impact is as individual as each child and their family is unique.

Short Breaks are important to families who have a child with a disability. The challenges and complications which accompany a child with disabilities can be very wearing. Day-to-day activities can be much more complicated and tiring.

Short breaks give the family members, parents/carers, and indeed siblings a chance to have a break from their caring responsibilities or enable the whole family to take a break from their everyday routine and do something together.



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## Who are Short Breaks for?

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There are many different types of disability but short break support is for those children and young people who cannot do many of the things that most children their age can do. This might be because they were born with a condition that has an effect on their lives or because they had an injury or illness that has a long-term effect.

Usually they are children and young people who are likely to need ongoing support from services in adult life.

This would include children and young people with a disability who:

- Need additional help and support to complete daily tasks and routines, which others of their age would usually be able to complete - this might include being able to wash and dress themselves or being able to get ready for bed.

- Need more help and support than others of their age to do all the things that children and young people enjoy - this might include having interesting things to do, spending time with friends, or going out to youth clubs or groups.
- Need more help and support than others of their age to be safe - this might include having someone to be with them to help them stay healthy or to make sure they do not get hurt.

Short Breaks are for all children and young people with a confirmed diagnosis or Education and HealthCare Plan, who are aged between 4 and 18.

The support is for the individual child or young person and their family who live within the administrative boundaries of Sandwell Council.



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## What is on offer?

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- Clubs and activities (including weekends and school holidays)
- Individual Support (hours of care)
- Community activities including

Our aim is to ensure that disabled children, young people and their families have the support they need to grow, develop and participate in their community. We recognise that every child and young person is different, so they will need different levels of support and different types of short breaks.

Some families may need more support because of their family circumstances and this can fluctuate as an individual child or young person's needs change.

In Sandwell we are committed to make available a varied choice of short breaks available that stimulate, support and actively engage each child or young person as well as providing parents or other carers an opportunity to have a break away from their normal caring routine or enable them to spend time with siblings.

We are also committed to working with children, young people and their families and carers to develop and change the support the services we commission and provide so that they meet needs and wishes.



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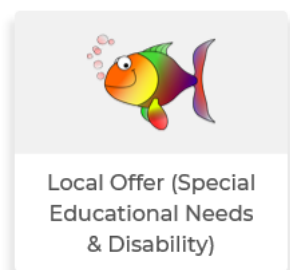
## For more information on Short Breaks

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Please visit the Sandwell Family Information Service Local Offer page

<https://fis.sandwell.gov.uk>

And click the fish:



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