



Sandwell News



HM Government

NHS

Coronavirus Got symptoms – even mild ones?

DO NOT leave the house at all for 7 days.

EVERYONE else in your household must not
leave the house for 14 days.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

Fly-tipping and bulky waste



We hate to see dumped rubbish and we know you do too.

We hate seeing dumped rubbish and we know you do, too 😊

While the tip is closed and bulky waste collections are on hold, please don't leave large items out for scrap or pay unregistered companies to take your

waste – it can end up being fly-tipped.

If you are paying someone to take away your rubbish you must:

- ✓ Check their waste carriers licence with the Environment Agency
- insist on a receipt
- note the vehicle registration

If your rubbish is fly-tipped, it is you who could be fined.

Please hold on to your items until bulky collections resume or the tip reopens.

And please make sure all of your rubbish is inside your bin for collection.

DO NOT USE PUBLIC TRANSPORT UNLESS NECESSARY

Only critical workers or people collecting essential food and medicine supplies should be using public transport.



Advice on how to stay safe this Ramadan from coronavirus

If you are feeling well and don't have any underlying health conditions, it should be safe for you to fast.

Anyone who develops symptoms of coronavirus should break their fast. Dehydration from fasting could increase your risk of severe illness from the virus, so drinking plenty of fluids is important.

[You can get more advice from the NHS website.](#)

A reminder to all during this month of Ramadan:

- There will be NO congregational prayer (Taraweeh) at mosques and you should try to pray at home with your family
- Try to plan Iftar meals - so you do not have to visit the supermarket frequently
- Organise virtual Iftar parties with your extended family and friends
- Stay home and save lives and continue to wash your hands frequently

[Find out more about how to stay safe this Ramadan.](#)

Cash for Sports Clubs responds to Coronavirus



Sandwell Council's Cash for Sports Clubs scheme is getting a makeover to help provide financial support to clubs during the coronavirus (COVID-19) pandemic.

A [questionnaire has been set up](#) and will be used to determine how we can support sports clubs moving forward and can be accessed on our website.

[Applications for grants are available now and more information.](#)

An infographic with a blue background and white text. The main heading is 'Be safe when visiting Sandwell's parks'. Below it, a paragraph states: 'Our parks are fantastic places, please enjoy them. They are open for families and individuals to use for their daily exercise – but please do not gather in groups.' To the right, there are two columns of bullet points. The first column lists: 'Please do not use play equipment or outdoor gyms for your own safety', 'You must not play team sports or socialise with people from outside your household', and 'Please do not visit our parks if you are suffering with coronavirus symptoms'. The second column lists: 'Please keep your distance if you're running or on a bike, and let others pass', 'Stay at least 2 metres away from other people.', and 'When you have finished your exercise, please go straight home. This will help to keep everyone safe.' At the bottom, the text 'Thank you' is written in a large, white, sans-serif font. Below the text is a colorful illustration of a park scene with green trees, a blue sky, a person on a bicycle, a person walking a dog, and a small building in the distance.

Be safe when visiting Sandwell's parks

Our parks are fantastic places, please enjoy them. They are open for families and individuals to use for their daily exercise – but please do not gather in groups.

- Please do not use play equipment or outdoor gyms for your own safety
- You must not play team sports or socialise with people from outside your household
- Please do not visit our parks if you are suffering with coronavirus symptoms
- Please keep your distance if you're running or on a bike, and let others pass
- Stay at least 2 metres away from other people.
- When you have finished your exercise, please go straight home. This will help to keep everyone safe.

Thank you

Business Grants

Sandwell Council has now paid 'lifeline' grants to more than 1,500 businesses – worth a total of £18.1 million – to help them tackle the impact of coronavirus (COVID-19).

But over 2,100 businesses have yet to respond to a council letter asking for key information so that grants they may be eligible for can be processed.

Any Sandwell businesses that believe they may be eligible for a grant but have not yet filled in the [online form with their details should go to our support for business webpage](#) where they can check the qualifying criteria and complete the form to request a grant.



**every mind
matters**

Now, more than ever

STAY HOME › PROTECT THE NHS › SAVE LIVES



**Email
updates**

Do you like these updates?

SIGN UP FOR MORE



**Advice and support is
available if someone
you love is very ill with
Covid-19 (coronavirus)
and unlikely to recover**

www.sandwell.gov.uk/endoflifeadvice

