



Sandwell News

PUBS NOT TAKING
CONTACT DETAILS?

SHOPS NOT
ENCOURAGING
FACE COVERINGS?

POOR SOCIAL
DISTANCING?



Don't go there



If a pub or shop isn't following Covid-19 guidelines,
they're not looking after your health.

Don't go there!

Covid-19 - Important reminders

Covid-19 kills

Sandwell has a very high rate of COVID-19 - a potentially fatal illness. We must all do what we can to avoid infection and passing on the virus. Avoid social gatherings, keep your distance, wash your hands and wear a face covering in shops, on public transport and enclosed spaces.

[An important message from Maria Crompton, Deputy Leader, to residents and business in Smethwick](#)

Don't!

Do not have visitors to your home – even extended family and friends. Only accept essential visitors into your home such as carers.

Protect others - self isolate

If someone you live with has coronavirus symptoms, or tests positive, they must isolate for at least 10 days. Everyone in the household also needs to self-isolate for 14 days. Anyone

who has symptoms or tests positive must their distance from the others. If you have symptoms, however mild, get tested immediately [by visiting the NHS website](#) or call 119.

Businesses, keep Sandwell safe!

All businesses have a responsibility to ensure COVID-19 safety measures are followed such as social distancing and face coverings where appropriate. Customers are advised only to use businesses that are following the rules. Businesses face being shut down if they do not. [Report any concerns to the Healthy Sandwell team](#)

World Suicide Prevention Day

This Thursday (10 September) is World Suicide Prevention Day which is observed every year.

Organisations and communities around the world come together to raise awareness of how we can create a world where fewer people die by suicide.

[Sandwell Healthy Minds](#) offers psychological therapy services for people experiencing common mental health problems such as **low mood, depression, anxiety** and **stress**.

They want us to take a minute to reach out and talk to someone like a family member, friend, colleague or even a stranger - this could change the course of another's life.

Suicide Prevention requires a community, requires awareness, requires understanding and requires action. Working together, we could shift the balance and save lives.

Fancy a good read? Sandwell Libraries are here to help

Despite the Covid-19 lockdown, our libraries team have been supplying eBooks and eAudiobooks, online family activity sessions to help you and your families stuck inside and we had great fun with the annual Summer Reading Challenge.



[Find out more about their success](#) and [to access FREE library services or to become a member](#)



Fancy some history in the near future?

[It's national Heritage Open Days from Friday 11 to Sunday 20 September.](#) And this year it's all online. Join us, as we explore Sandwell's fabulous buildings and discover the people who lived in them and their stories with historic characters, videos, blogs, photos and more.

Explore our fascinating buildings and discover the fantastic stories of our amazing objects, sites and the people who lived in them over the last 750 years. This year we've gone online; so explore through videos, characters, stories, blogs, photos, games, peeps behind the scenes and more.

Sandwell Museums
and Arts Service

 heritage open days



11th—20th September 2020

On our website, facebook and twitter @sandwellmuseums

www.facebook.com/sandwellmuseums

www.sandwell.gov.uk/joininmuseums





www.heritageopendays.org.uk

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