



Sandwell News

 HM Government



NHS


Wear face coverings in all shops.


You must wear a face covering when shopping, unless you have good reason not to.


**STAY ALERT
CONTROL
THE VIRUS
SAVE LIVES**

Shop COVID-safe - Hands, Face, Space

 Please be safe while you shop.

 By wearing a face covering and keeping our distance, we not only protect other shoppers but also the amazing keyworker staff who are keeping our supermarkets open.

 COVID-19 rates are high in Sandwell and we've seen several outbreaks in supermarkets since the start of the pandemic - despite companies doing everything they can to be careful.

 People over the age of 65 are particular risk and we're seeing a worrying rise in cases among older people.

 Please - cover your face, stay at least two metres away from others and shop safely.

Celebrate Diwali safely this weekend.

Wishing a very Happy Diwali to everyone celebrating this sacred festival of lights

It's Diwali this weekend so if you're celebrating, make sure you take extra care to keep yourself and others safe.

[Enjoy the celebrations from home and help us do our bit to keep the virus under control, for everyone's safety.](#)



Stomach pains? The NHS is still here to help

If you've had tummy trouble such as bloating, diarrhoea or discomfort for three weeks or more, it could be a sign of cancer.

It's probably nothing serious, but finding cancer early makes it more treatable.

[Your NHS is here to see you](#), safely. Speak to your GP.



JUST SPEAK TO YOUR GP

If you've had **tummy trouble** such as **bloating, diarrhoea** or **discomfort for three weeks or more**, it could be a sign of cancer. It's probably nothing serious, but finding cancer early makes it more treatable. Your NHS is here to see you, safely.

Clear on cancer help us help you



Birchley Island plans on display

[Check out our new virtual exhibition of proposed Birchley Island improvements.](#)

The major highway scheme plans to:

- Widen each arm of Birchley Island
- Widen both roundabouts and the link road between them
- Coordinated traffic signals to improve capacity at busy times
- Improved routes for cyclists and pedestrians

The new design will cut waiting times at the junction, reducing emissions from queuing traffic.

This will result in improvements in local air quality and Sandwell's reductions in NO2 emissions will contribute towards meeting the Government's national targets for air quality and climate change.



Black Country Healthcare
NHS Foundation Trust


24/7 helpline

here to support you with your mental health


**Feel unable to cope and need to
speak to someone urgently?**



Call 0800 008 6516



**ADAM
PEATY**



**BIRMINGHAM
2022**
commonwealth
games

Got symptoms? Get tested!
Go to www.healthysandwell.co.uk/testing

High temperature Loss or change in smell or taste New continuous cough

www.healthysandwell.co.uk/testing



The garden waste winter break is starting soon.
Your last green bin collection will be between 16-27 November.
Find out our final dates at:
www.sandwell.gov.uk/binday

