



## Sandwell News

**COVID-19** infection rates are  
**dangerously** high  
**in our area**




Don't leave your home


**unless it's absolutely**


**essential**


## Lockdown - help protect each other

COVID-19 infection rates  
are **dangerously** high  
in Sandwell


-  Stay at home as much as possible  
Only leave home if it's essential
-  If you do go out - cover your face,  
wash your hands and keep your distance
-  Please follow the rules to  
stop the spread of COVID-19


 National lockdown restrictions are  
now in place for Sandwell and the rest of  
England.


 We need everyone to do all they can  
to stop the spread of COVID-19.

 The number of people in hospital with  
COVID-19 is similar to the first wave in  
May and rising fast.

 Infection rates in Sandwell are  
dangerously high and we need to protect the NHS and one another.

 Please, stay at home as much as possible. Only leave your home if it's absolutely essential.

 If you have to go out to work or to buy essential items, it's crucial that you keep at least two metres from other people at all times, cover your face and wash your hands.

 You may be fined if you are out of your home for a non-essential reason.

This winter may be one of the toughest periods in our recent history and we'll only get through it if we take it seriously and look after each other. ❤️

[More information is available on our COVID-19 webpage](#)

## Sandwell remembers

The Mayor, Councillor Dr Ann Jaron, has made a video to [remember members of the armed forces who fell and died in times of war.](#)



The Mayor of Sandwell has also urged residents to remember the fallen this Sunday 8 November from home, by listening to the radio, watching the television or from their doorsteps.

The Royal British Legion are also encouraging everyone to Download Your Poppy and if possible to make a donation - [visit the RBL website to find out more](#)



# Important advice for clinically extremely vulnerable people

The government has published guidance for everyone in England who has been [identified as clinically extremely vulnerable](#).

If you are in this group, you will previously have received a letter from the NHS or from your GP telling you this. You may have been advised to shield in the past.

[The Government has produced a webpage with information on who is clinically extremely vulnerable and what they need to do](#)

[You can also find help and support on our emergency help webpage](#)

**Got symptoms? Get tested!**  
Go to [www.healthysandwell.co.uk/testing](http://www.healthysandwell.co.uk/testing)



High  
temperature



Loss or change  
in smell or taste

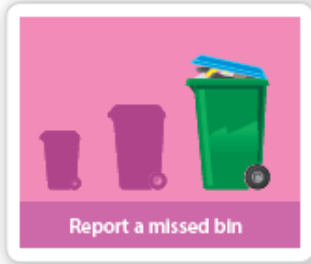
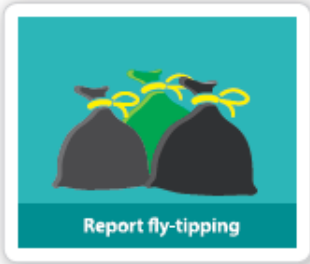
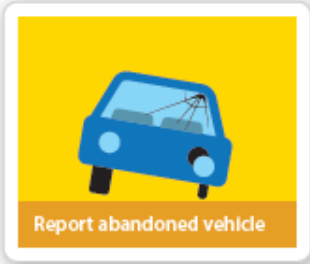


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