

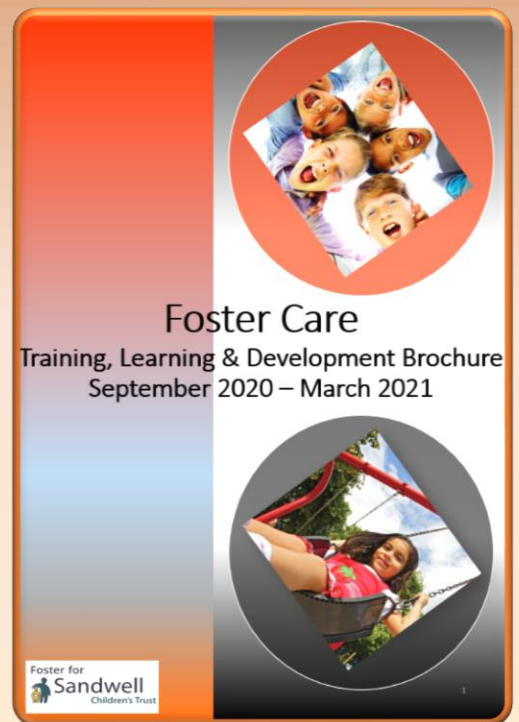
November 2020

## Core Training update

As promised the new Foster Care brochure will be available very soon. One of the things you will notice is that we have updated your “Core” training.

Equality & Diversity training has been added and is now mandatory for all carers. As requested by you, we can now offer the Managing Challenging Behaviour training for both younger and older children (please discuss with your SSW which of these will be relevant to you. You are of course able to attend both of these)

If you would like to book onto any training, please email:  
[training\\_sct@sandwellchildrenstrust.org](mailto:training_sct@sandwellchildrenstrust.org)



- Equality & Diversity
- Managing Challenging Behaviour  
KS3/Adolescents
- Managing Challenging Behaviour Early Year, KS1 & 2
- Child Protection & Safeguarding Children
- Attachment & Child Development
- Paediatric First Aid
- Safer Caring
- Recording & Reporting

## Mandatory Training Online E-learning options

We recognise face-face training isn't always possible for everyone. To support all carers to access and complete core training we have identified the following courses on the Fostering Training Hub that can be completed as an alternative to face-face training.

**(Please note we expect carers to complete face-face/virtual training where possible - please discuss these options with your SSW during supervision)**

Core Training 2020/2021	The Fostering Training Hub online options
Equality & Diversity	<ul style="list-style-type: none"> <li>➤ Equality &amp; Diversity fostering</li> <li>➤ Equality &amp; Diversity advanced level</li> </ul>
Managing Challenging Behaviour KS3/adolescents	<ul style="list-style-type: none"> <li>➤ Managing challenging behaviour fostering</li> <li>➤ Managing challenging behaviour advanced level</li> </ul>
Managing Challenging Behaviour early years KS1/KS 2	<ul style="list-style-type: none"> <li>➤ Managing challenging behaviour fostering</li> <li>➤ Managing challenging behaviour advanced level</li> </ul>
Child Protection & Safeguarding Children & Young People	<ul style="list-style-type: none"> <li>➤ Safeguarding Children foundation</li> <li>➤ Safeguarding Children advanced</li> <li>➤ Safeguarding children with learning disabilities</li> </ul>
Attachment & child development	<ul style="list-style-type: none"> <li>➤ Foundations for attachment fostering</li> <li>➤ Attachment &amp; bonding advanced level</li> <li>➤ Child development</li> <li>➤ Child development advanced level</li> <li>➤ Secure attachment &amp; bonding</li> <li>➤ Secure base training fostering</li> </ul>
Paediatric first aid	<ul style="list-style-type: none"> <li>➤ First Aid Paediatric</li> <li>➤ First Aid emergency</li> </ul>
Safer Caring	<ul style="list-style-type: none"> <li>➤ Risk management &amp; safer caring</li> <li>➤ Risk management &amp; safer caring Advanced</li> </ul>
Recording & Reporting	<ul style="list-style-type: none"> <li>➤ Recording &amp; Reporting Fostering</li> <li>➤ Recording &amp; Reporting Advanced Level</li> </ul>

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)

## YES.....WE DID IT!

The Fostering Network successfully delivered our first virtual training course on Recording & Reporting on the 24<sup>th</sup> November via Zoom. We had a small number of carers who managed to access the training on their iPad's, smart phones and laptops.

### Feedback from Tanya Evans (foster Carer)

I would definitely recommend this training to all carers. Even though the training was delivered virtually it felt like the trainer was in the room with us. He was really personable and the fact that he was a Social Worker and a Foster Carer meant that he understood our role and was able to challenge, listen and understand what we do.

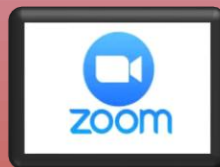
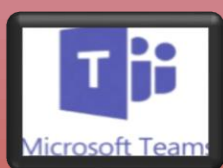
### Feedback from Lesley Dawes (foster carer)

I really enjoyed it, so relaxed and everyone had something to say. He kept me interested and engrossed. I did my ironing in the break. I'm impressed with the virtual training. I will spread the experience.

### Feedback from Andy Limbert (trainer)

There were no issues with connections and everyone could see the slides and interact with the session very well. Very experienced carers who are passionate and obviously very professional in their approach and yet reflective and happy to take away new learning and possible enhancements to their current practice.

Don't forget most training will now be available virtually via video call on either Zoom or MS Teams.



You can download both of these onto any device: Laptop, desk top, phone or tablet for free, from Google Play Store or the App store



Download in  
App Store



Download in  
Google Play

## Evening & Weekend Training

We understand that due to work and other commitments, sometimes it may be difficult to attend training during the day on weekdays. So to make our training more accessible to all, we are working closely with training providers to ensure core training is available (where possible) on an evening and weekend.

Sandwell MBC's Quality Early & Childcare team provide training during evenings and weekends to childminders. As foster carer you are also able to access this training. To find out what training is available please use the link: <https://bookwhen.com/sandwellearlyyears>



Please note there is a charge for this training which Sandwell Children's Trust will cover.

Tony and Andy from STS Medics are ready to welcome you back to First Aid training. Following a risk assessment they have implemented a number of changes to ensure a safe learning environment.

### Weekday courses:

16th, 17th, 18th December 2020

13th, 14th, 15th January 2021

3rd, 4th, 5th February 2021

10th, 11th, 12th February 2021

17th, 18th, 19th March 2021

**10:00-14:30 on all 3 days**



### Weekend Courses:

23rd & 24th January 2021 - **9:30-3:30 on both days**

6th & 7th March 2021 - **9:30-3:30 on both days**

### Evening Courses:

15,16,22,23 February 2021 - **18:00-21:00 on all 4 days**

12,13, 19,20 April 2021- **18:00-21:00 on all 4 days**

Venue: The Pavilion 101 Lightwoods Hill, Smethwick  
B67 5ED

## Mandatory Training

### Child Protection & Safeguarding Children

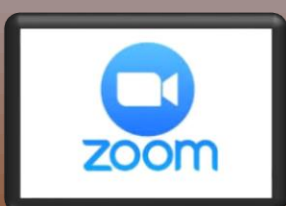
#### Overview

Everyone who works with Children & Young People must know how to keep them safe. This course enables you to recognise the signs of abuse or neglect and know how to act and respond in potential safeguarding scenarios.



#### Learning Outcomes

- Know about child protection issues, including definitions, indicators, legislation, guidance and processes.
- Understand the importance of children's rights as reflected in legislation and key statutory and non statutory guidance.
- Understand what is meant by child development in the context of safeguarding.
- Understand the scale of abuse and the types and potential signs of child maltreatment within the context of normal child development.
- Know how abuse and neglect can impact on children's development and how to recognise this.
- Have a greater awareness of the potential risk factors which may increase the likelihood of abuse in children's lives.
- Have a greater understanding of the additional vulnerabilities of looked-after children, children with SEND and children with disabilities.



**Date:**  
**Tuesday 12<sup>th</sup>**  
**January 2021**  
**Time: 10:00-14:00**

**Date:**  
**Saturday 17<sup>th</sup> April**  
**2021**  
**Time: 14:00- 17:00**

## Mandatory Training

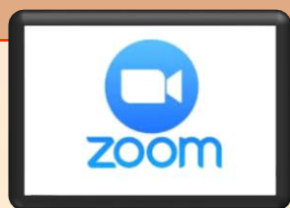
### Attachment & Child Development

#### Overview

Everyone who works with children and young people must have an understanding of attachment and child development in order to promote healthy development and understand the traumatic impact of abuse, separation and loss on a child or young person.

#### Learning Outcomes

- Understand the attachment process
- Know how to promote positive attachment relationships
- Know about the impact of trauma, separation and loss on child development



#### Date:

**Tuesday 26<sup>th</sup> &  
Wednesday 27<sup>th</sup>  
January 2021  
Time: 09:30-12:30**

#### Dates:

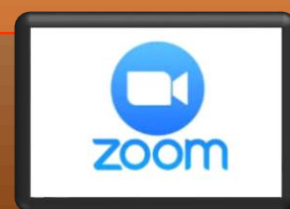
**Saturday 20<sup>th</sup> &  
Saturday 27<sup>th</sup>  
February 2021  
Time: 09:30-12:30**

### Safer Caring



#### Learning Outcomes

- Identify how trauma impacts on the needs and behaviours of children and what they therefore need from foster care to feel safe
- Considered the various aspects of the foster carers role and responsibilities in relation to the provision of protective care, safeguarding and the importance of working in partnership
- Considered realistic and proportionate approaches to risk which enable children and young people to grow and learn.
- Understand the impact of stress trauma on both the foster child and the fostering household in relation to risk management
- Revisited the importance of recording and reporting significant events in the context of agency policy and best practice



#### Dates:

**Saturday 6<sup>th</sup> February  
2021  
Time: 10:00-14:00**

#### Dates:

**Saturday 10<sup>th</sup> April  
2021  
Time: 10:00-14:00**

## Mandatory Training

### Managing Challenging Behaviour

#### Overview

It can be tremendously difficult for a young person to find a place in the world. This course provides tools for communicating with them, managing their behaviour and keeping them safe.

#### Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Early Years, KS1 & KS 2

Dates:

28<sup>th</sup> January 2021

8<sup>th</sup> March 2021

27<sup>th</sup> May 2021

Times: 09:30-11:30

Adolescents & KS3

Dates:

22<sup>nd</sup> February 2021

6<sup>th</sup> May 2021

21<sup>st</sup> June 2021

Times: 09:30-11:30







## Caring for looked after children

### Trusted Adult Training

#### Overview

Public Health and Inclusion Support have developed a suite of training for the children's workforce that develops their skills as trusted adults to the children and young people of Sandwell. System wide Trusted Adult support will provide a layer of universal well-being support, with the aim of positively impacting on the well-being of a large number of young people who live in Sandwell, all of whom are experiencing the impact of the Covid-19 outbreak.

The Trusted Adult Training is grounded in psychological theory that is based on humanistic principles and which views mental health from a salutogenic perspective. This perspective of mental health foregrounds the importance of mental health promotion, and has a strong focus on factors that can support well-being. Research in this area highlights the role that Trusted Adults can play in supporting the emotional well-being of children through the actions they take and the support that they can provide as part of a young person's systemic support network.

There will be a blended learning approach to this training. Some of the modules will be delivered virtually via MS Teams, some modules will be sent to you as a video link for you to watch in your own time. The final stage will be a group supervision session where you will have the opportunity to ask questions, reflect on your learning and explore how you can put this learning into practice.

## Caring for looked after children

### Trusted Adult Training cont'd

There are 9 modules available as part of this programme and you are required to undertake all of them:

- Module 1 – **Adverse Childhood Experiences (ACE's)**
- Module 2 – **Staff/carer well-being**
- Module 3 – **Exam stress**
- Module 4 – **Social media**
- Module 5 – **LGBTQ & Diversity**
- Module 6 – **Activities for Wellbeing**
- Module 7 – **Bereavement**
- Module 8 – **The developing brain**
- Module 9 – **Covid-19 experiences and implications**

#### Times:

10:00-12:00 or 15:00-17:00

JAN	FEB	MAR	MAR
27	10	3	17
MAR	APR	MAY	MAY
31	28	12	26
JUN	JUN		
16	30		

To book your place please use the link below:

<https://www.eventbrite.co.uk/e/trusted-adult-training-voluntary-sector-and-wider-workforce-tickets-123320782781>



