

Foster for



Sandwell

Children's Trust

**Foster Care
Training, Learning &
Development Brochure
September 2020 – June 2021**



Welcome & Introduction

At Sandwell Children's Trust we serve the purpose of improving the lives of children and young people.

We do this by living our values:

- **Listening, learning and caring**
- **Being ambitious and confident**
- **Encouraging innovation**
- **Acting with openness and transparency**

I am pleased to introduce you to the latest foster care training brochure. As a fostering service we recognise the important role you play in caring for our children and young people (CYP). There are a range of training and development opportunities available for both new and experienced carers to support you in meeting the needs of our looked after children.

I would encourage you to look through the pages and plan your training and attendance with your supervising social worker as part of your personal development plan.

I would like to take this opportunity to thank you on behalf of Sandwell Children's Trust for the commitment and care you provide on a daily basis for our children and young people.

Andrew Logie - IFA Registered Manager

Our Expectations

Following approval from Fostering Panel, Foster Carers are expected to complete the Training, Support and Development Standards (TSD's). These are set out by the Department for Education and show the areas of skills and knowledge that all carers need to achieve and evidence in the first 12 months of their Fostering journey (18 months for Family and Friends Carers).

It is a statutory requirement that these are completed as laid down in the Fostering Services Regulations.

During the first 12 months all Foster Carers (including your partner, if you have one) will have the opportunity to attend a number of courses which make up the core training offer. Each of these courses will provide evidence to assist in meeting the TSD's as well as providing specific knowledge and skills development in a variety of areas.

There are 7 mandatory courses that need to be completed by all Carers (including your partner). Mainstream carers must have completed these within the first 12 months of approval and connected carers within 18 months of approval. This can be completed face-face (where available), virtually via Zoom or MS Teams (where available) or via the Foster Care Training Hub (see page **19** for Training Hub options)

If you have a support carer, i.e son, daughter, friend etc they will be expected to complete Safeguarding, Health & Safety and Paediatric First Aid e-learning through the Foster Care Training Hub.

Our Expectations

All Carers (including your partner, if you have one) will be expected to complete “core training” every 3 years. This can be completed face-face (where available), virtually via Zoom or MS Teams (where available) or via the Foster Care Training Hub (see page **19** for Training Hub options)

Following your first review, you will be required to attend a minimum of 3 “additional training” courses per year. These must be discussed and agreed with your supervising social worker.

On pages **62 & 63** you will find a core training log and a learning & development activity log to keep a record of your learning.

On page **64** you will find a reflective learning log, this should be completed after each learning activity. Please use these during supervision to discuss what you have learnt and how it will improve outcomes for children & young people you care for.

Word versions of these forms are available, please contact training_sct@sandwellchildrenstrust.org for copies.

Reflective practice is of vital importance to all professionals, including Foster Carers and will ensure that the training you receive can be put into practice when working with young people. It will support you to develop and think about different ways of working as well as looking back on what you have done previously. The reflective log on page 64 will help you to think about your training in a critical way and develop your practice based on this.

Our Expectations

We offer over 150 e-learning modules at both intermediate and advanced levels (see page **52**) and access to Research in Practice to support self-directed learning (see page **51**).

Although some of this e-learning is optional, it will support your professional development and help you to improve outcomes for the children and young people in your care.

We are happy to offer some of these e-learning courses to family members within your household to support their personal development.

There are **30 e-learning modules aimed at children & young people age 8 upwards** (see page **53**, these are available for both looked after children and birth children). These can be completed either by themselves or with the support of an adult.

During these unprecedented times it's important that you continue to update your skills and knowledge, we have a number of online training courses available via The Fostering Training Hub and Artemis. If you need support accessing online training please see pages 52 & 54, alternatively contact the Learning & Development team or your Supervising Social Worker.

Any face-face training will only occur once a risk assessment has been carried out by the training provider. This will ensure they can deliver the training in a Covid safe way, adhering to government guidelines and taking necessary precautions to ensure social distancing measure are adhered to and the necessary PPE is available (if applicable).

**Virtual training will be delivered via
Zoom or MS Teams**



**You can download both of these onto any device:
Laptop, desk top, phone or tablet for free from
Google Play Store or the App store:**



**Download in
App Store**



**Download in
Google Play**

Look out for the Teams and Zoom symbols on each page to let you know how the training will be delivered.

A link to access the training will be e-mailed to you, please ensure you keep this safe, otherwise you may not be able to join.

Contact your Supervising Social Worker or Learning & Development if you require support with accessing MS Teams or Zoom

Evening & Weekend Training

We understand that due to work and other commitments, sometimes it may be difficult to attend training during the day on weekdays. So to make our training more accessible to all, we are working closely with training providers to ensure core training is available (where possible) on an evening and weekend.

Please look at the schedule on page **18** for available dates and times for evening and weekend training.



Sandwell MBC's Quality Early & Childcare team provide training during evenings and weekends to childminders. As a foster carer you are able to access this training. To find out what training is available please use the link below:

<https://bookwhen.com/sandwellearlyyears>

Please note there is a charge for this training which Sandwell Children's Trust will cover.



Please note: Dates and times of all our training are subject to changes. Please ensure you receive confirmation from the L&D team confirming you have been booked onto a course and you have received the link to join.

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01 Core Training (Mandatory)

We have developed a core offer of what we consider to be essential learning for all carers. Mainstream carers must complete these within the first 12 months of their Fostering journey (18 months for Family and Friends Carers). All carers must complete Core Training every 3 years.



Mandatory Training

Attachment and child development

Overview

Everyone who works with children and young people must have an understanding of attachment and child development in order to promote healthy development and understand the traumatic impact of abuse, separation and loss on a child or young person.

Learning Outcomes

- Understand the attachment process
- Know how to promote positive attachment relationships
- Know about the impact of trauma, separation and loss on child development

Dates:

26th & 27th January 2021

20th & 27th February 2021

15th & 16th March 2021

26th & 27th April 2021

10th & 11th May 2021

26th & 27th May 2021

19th & 26th June 2021

Times: 09:30-12:30



Mandatory Training

Challenging behaviour – KS3/Adolescents

Overview

It can be tremendously difficult for a young person to find a place in the world. This course provides tools for communicating with them, managing their behaviour and keeping them safe.

Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Please attend the managing challenging behaviour course relevant to the age of the children you are registered to foster

Dates:

22nd February 2021

6th May 2021

21st June 2021

Times: 09:30-11:30



Mandatory Training

Challenging behaviour - Early Years/KS1/KS2

Overview

It can be tremendously difficult for a young person to find a place in the world. This course provides tools for communicating with them, managing their behaviour and keeping them safe.

Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Please attend the managing challenging behaviour course relevant to the age of the children you are registered to foster

Dates:

28th January 2021

8th March 2021

27th May 2021

Times: 09:30-11:30



Mandatory Training

Child Protection & Safeguarding Children

Overview

Everyone who works with Children & Young People must know how to keep them safe. This course enables you to recognise the signs of abuse or neglect and know how to act and respond in potential safeguarding scenarios.

Learning Outcomes

- Know about child protection issues, including definitions, indicators, legislation, guidance and processes
- Understand the importance of children's rights as reflected in legislation and key statutory and non statutory guidance
- Understand what is meant by child development in the context of safeguarding
- Understand the scale of abuse and the types and potential signs of child maltreatment within the context of normal child development
- Know how abuse and neglect can impact on children's development and how to recognise this
- Have a greater awareness of the potential risk factors which may increase the likelihood of abuse in children's lives
- Have a greater understanding of the additional vulnerabilities of looked-after children, children with SEND and children with disabilities



Dates & Times:

12th January 2021 ~ 10:00-14:00

9th February 2021 ~ 10:00-14:00

16th March 2021 ~ 10:00-14:00

17th April 2021 ~ 14:00-17:00

19th May 2021 ~ 18:00-21:00

26th June 2021 ~ 14:00-17:00

Mandatory Training

Equality & Diversity

Overview

This course is designed to help foster carers fully appreciate the varied backgrounds that young people originate from. It also covers the need to respect and promote each child and young person's unique personality, social circumstances, and cultural background, including aspects of discrimination.

Learning outcomes

- To understand the meaning of equality and diversity
- To confidently discuss issues of inequality with children/young people and significant others
- To ensure that the needs, rights, and views of the child or young person are at the centre of all practice and provision
- To illustrate how individuality, difference, and diversity are valued and celebrated
- To reflect on the different types of prejudice and discrimination that can affect children and young people in care
- To outline why it is important to provide care which respects and preserves each child's protected characteristics as defined by the Equality Act 2010

Dates & Times:

30th November 2020 ~ 10:00-14:00

14th January 2021 ~ 10:00-14:00

11th February 2021 ~ 10:00-14:00

27th February 2021 ~ 14:00-17:00

18th March 2021 ~ 10:00-14:00

19th April 2021 ~ 18:00-21:00

12th June 2021 ~ 14:00-17:00



Mandatory Training

Paediatric first aid

Overview

In order for Children & Young People to be safe in your care, it is essential that you know how to manage an infant/child in an emergency and with suspected injuries and/or illness safely and promptly.

Learning Outcomes

- Understand the role and responsibilities of the paediatric first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid to an infant/child in a variety of different emergency situations

Venue:

St Mary's Church,
Bearwood Road &
St Marys road,
Bearwood,
Smethwick
B66 4BX..

Please note this may be subject to change, check your confirmation e-mail which will contain the venue details.

Dates & Times:

16th, 17th, 18th December 2020 ~ 10:00-14:30
13th, 14th, 15th January 2021 ~ 10:00-14:30
23rd & 24th January 2021 ~ 09:30-15:30
3rd, 4th, 5th February 2021 ~ 10:00-14:30
10th, 11th, 12th February 2021 ~ 10:00-14:30
15, 16, 22, 23 February 2021 ~ 18:00-21:00
6th & 7th March 2021 ~ 09:30-15:30
17th, 18th, 19th March 2021 ~ 10:00-14:30
12, 13, 19, 20 April 2021 ~ 18:00-21:00
21st, 22nd, 23rd April 2021 ~ 10:00-14:30
5th, 6th, 7th May 2021 ~ 10:00-14:30
22nd & 23rd May 2021 ~ 09:30-15:30
2nd, 3rd, 4th June 2021 ~ 10:00-14:30
21, 22, 28, 29 June 2021 ~ 18:00-21:00

Mandatory Training

Record keeping and sharing information

Overview

Everyone who works with Children & Young People must know how to keep and share information. In foster care this can involve unique challenges. This course enables you to understand the principles that underpin good record keeping, and how to apply rules of confidentiality within your own work

Learning Outcomes

- Importance of foster carer records & reasons for recording information
- Clarity about roles in recording and what should be recorded
- Consider legal & other issues in receiving, giving and storing information
- Local and national guidance and best practice
- Reflect on own practice
- Know how to enable children and young people to participate in record keeping and keep memorabilia

The
Fostering
Network



Dates:

24th November 2020

8th December 2020

26th January 2021

16th March 2021

20th March 2021

17th April 2021

4th May 2021

22nd June 2021

Times: 10:00-14:00

Foster for
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Mandatory Training

Safer Caring

Overview

One of the most important responsibilities of a foster carer is to keep children and young people safe. At the same time, foster carers must keep themselves and their families safe from any harm that could arise through fostering.

Learning Outcomes

- Identify how trauma impacts on the needs and behaviours of children and what they therefore need from foster care to feel safe
- Considered the various aspects of the foster carers role and responsibilities in relation to the provision of protective care, safeguarding and the importance of working in partnership
- Considered realistic and proportionate approaches to risk which enable children and young people to grow and learn.
- Understand the impact of stress trauma on both the foster child and the fostering household in relation to risk management
- Revisited the importance of recording and reporting significant events in the context of agency policy and best practice

Dates:

1st March 2021

15th March 2021

10th April 2021

24th April 2021

3rd May 2021

5th June 2021

Times: 10:00-14:00



Mandatory training



The Training Hub

Online E-learning options

We recognise face-face training isn't always possible for everyone. To support all carers to access and complete core training we have identified the following courses on the Fostering Training Hub that can be completed as an alternative to face-face training.

(Please note we expect carers to complete face-face/virtual training where possible, please discuss these options with your SSW during supervision)

Core Training 2020/2021	The Fostering Training Hub online options
Equality & Diversity	<ul style="list-style-type: none">➤ Equality & Diversity fostering➤ Equality & Diversity advanced level
Managing Challenging Behaviour KS3/adolescents	<ul style="list-style-type: none">➤ Managing challenging behaviour➤ Managing challenging behaviour advanced
Managing Challenging Behaviour early years KS1/KS 2	<ul style="list-style-type: none">➤ Managing challenging behaviour➤ Managing challenging behaviour advanced
Child Protection & Safeguarding Children & Young People	<ul style="list-style-type: none">➤ Safeguarding Children foundation➤ Safeguarding Children advanced➤ Safeguarding children with learning disabilities
Attachment & child development	<ul style="list-style-type: none">➤ Foundations for attachment➤ Attachment & bonding advanced➤ Child development➤ Child development advanced➤ Secure attachment & bonding➤ Secure base training fostering
Paediatric first aid	<ul style="list-style-type: none">➤ First Aid Paediatric➤ First Aid emergency
Safer Caring	<ul style="list-style-type: none">➤ Risk management & safer caring➤ Risk management & safer caring Advanced
Recording & Reporting	<ul style="list-style-type: none">➤ Recording & Reporting Fostering➤ Recording & Reporting Advanced

To access these courses click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org



Mandatory training

Evening & Weekend options

Core Training 2020/2021	Dates and times
Equality & Diversity	14 th January 2021 ~ 10:00-14:00 27 th February 2021 ~ 14:00-17:00 18 th March 2021 ~ 10:00-14:00 19 th April 2021 ~ 18:00-21:00 12 th June 2021 ~ 14:00-17:00
Managing Challenging Behaviour KS3/adolescents	Not yet available
Managing Challenging Behaviour early years, KS1 & KS 2	Not yet available
Child Protection & Safeguarding Children & Young People	17 th April 2021 ~ 14:00-17:00 19 th May 2021 ~ 18:00-21:00 26 th June 2021 ~ 14:00-17:00
Attachment & child development	20 th & 27 th February 2021 ~ 09:30-12:30 19 th & 26 th June 2021 ~ 09:30-12:30
Paediatric first aid	23 rd & 24 th January 2021 ~ 09:30-15:30 15,16,22,23 February 2021 ~ 18:00-21:00 6 th & 7 th March 2021 ~ 09:30-15:30 12,13,19, 20 April 2021 ~ 18:00-21:00 22 nd & 23 rd May 2021 ~ 09:30-15:30 21,22,28, 29 June 2021 ~ 18:00-21:00
Safer Caring	10 th April 2021 ~ 10:00-14:00 24 th April 2021 ~ 10:00-14:00 5 th June 2021 ~ 10:00-14:00
Recording & Reporting	20 th March 2021 ~ 10:00-14:00 17 th April 2021 ~ 10:00-14:00

02

Caring for Looked After Children

Every child that is placed in foster care will have been subjected to some form of neglect, trauma or possibly abuse and may be suffering from some form of attachment disorder which can be challenging to address. These courses will give you the vital skills to ensure that every child feels safe, looked after and cared for so they are able to heal and develop.



Caring for looked after children

Attachment and trauma

Overview

Children most need to be loved when they seem unlovable
Parents/carers need to be at their best when their children are at their worst.

Learning Outcomes

- To provide a fundamental awareness of attachment
- To provide an understanding of the effects of trauma on attachment
- To provide an awareness of approaches that can be taken to help construct new narratives
- To introduce a “mindful” approach to parenting/caring
- To develop your ability as a therapeutic parent
- To ensure you also take care of yourself!

Dates:

25th January 2021

19th April 2021

21st June 2021

Times: 09:30-11:30



Caring for looked after children

Contact and birth families



The Training Hub

Overview

Contact between looked after children and young people and their families can be particularly challenging. This course enables you to develop knowledge and skills to play your part in promoting positive contact with confidence.

Learning Outcomes

- To examine the aims of contact for looked-after children
- To explore how carers can develop skills in relation to contact
- To provide a safe place to discuss experiences in order to problem solve and support others
- To enable carers to build effective strategies for dealing with contact difficulties
- To address contact within an anti-discriminatory framework



To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children

Exploitation

Overview

Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. This course enables you to gain knowledge and awareness of the issues that surround this topic and the impact that organised abuse has on Children & Young People.

Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Dates & Times:

21st January 10:00-11:30

23rd February 10:00-11:30

19th March 10:00-11:30

22nd April 10:00-11:30

25th May 10:00-11:30

24th June 10:00-11:30



Caring for looked after children

Exploitation



The Training Hub

Overview

Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. The Fostering Training Hub offer a wide variety of e-learning modules that will support your understanding of what Exploitation is and how you can support children in your care.

Module 1 – CSE – The myths, the headlines and the misconceptions

Module 2 – Engaging and building rapport with children affected by CSE

Module 3 – Exploring the experience of being groomed in sexual exploitation and abuse

Module 4 – Responding to hypersexualisation and objectification of children

Module 5 – Supporting boys and young men affected by CSE and abuse

Module 6 – Supporting children through the criminal justice system after CSE

Module 7 – Understanding and responding to children who show harmful sexual behaviour

Module 8 – Understanding risk and vulnerability in CSE

Module 9 - Understanding challenging and deconstructing victim blaming and self-blame

Module 10 – Using the National Referral Mechanism with children affected by CSE



To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children

Exploitation cont'd



The Training Hub

Overview

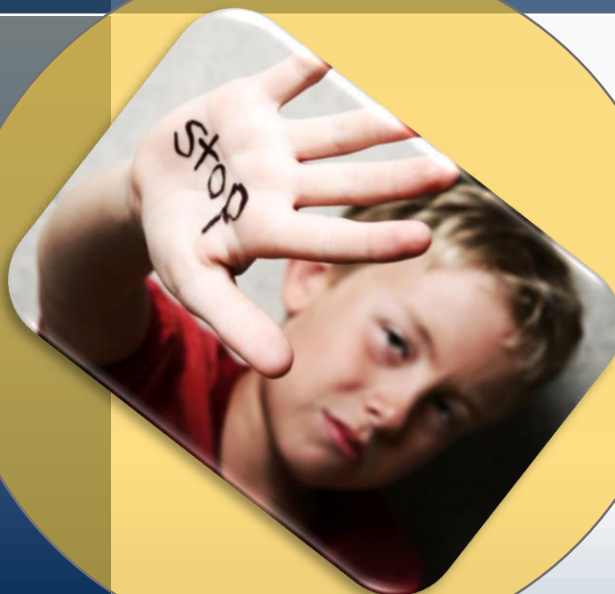
Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. The Fostering Training Hub offer a wide variety of e-learning modules that will help you to gain knowledge and awareness of the issues that surround this topic and the impact that organised abuse has on Children & Young People.

Module 1 – Criminal exploitation and county lines

Module 2 – Gangs and county lines

Module 3 – Human trafficking and modern slavery

Module 4 – Radicalisation and extremism



To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children

Learning Together



The Training Hub

The Fostering Training Hub

The Training Hub have developed 4 modules to support you during these unprecedented times.

These courses have been designed to support parents, carers, and others who are home-schooling children temporarily. The course covers the basics of learning at each stage in terms of all areas of development and provides a wealth of resources and ideas to support home-schooling



Online!



1. Learning together – Early years and infants (key stage 1)
2. Learning together – Junior (key stage 2)
3. Learning together – Lower secondary (key stage 3)
4. Learning together – Upper secondary (key stage 4 & 5)

To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children



The Training Hub

Mental Health Awareness

Overview

Most children grow up mentally healthy, but these days it has become more common for children and young people to have problems with their mental health - especially for those who are in care. These courses will help create an awareness of mental health and how we can help children and young people who have mental health problems.

Module 1 – The prevalence of mental health problems in children & young people (CYP)

Module 2 – Common mental health problems in CYP

Module 3 – Less common mental health problems in CYP

Module 4 - Vulnerable groups of CYP

Module 5 – Child and adolescent mental health services

Module 6 – Risk and protective factors in the development of mental health problems in CYP

Module 7 – The effects of social media on the mental health of CYP

Module 8 – Assessment & treatment of childhood mental health problems

Module 9 - The role of education in supporting CYP

Module 10 – Peer mentoring and school based counselling

Online!



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To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children



Life Story Work

Overview

The overall goal of Life Story Work is to help children and young people (CYP) to piece together a complete narrative of their lives. This includes their life history and information about relatives, friends, carers, places lived and key life events as well as personal achievements. Life Story Work may also help CYP to plan for their future as a result of understanding their past and the effect that it has had on them.

Learning Outcomes

- Understand the definition of, and theory supporting Life Story Work
- Understand the potential benefits of Life Story Work
- Know how to use a range of approaches to Life Story Work
- Understand your role as a carer in supporting life story work

Dates:

26th November 2020

11th March 2021

13th May 2021

Times: 10:00 -13:00



Caring for looked after children



Mind of My Own

Overview

Mind Of My Own is a one-way communication app, accessible on Android and Apple devices. Children & Young People can create a statement expressing their wishes and feelings quickly and easily 24/7.

Learning Outcomes

- Learn how to download and use the Mind of My Own APP
- Understand the benefits of using the App
- Know how to introduce the App to children & young people
- Know where to get support with the app

Dates: Every Monday

Times: 3:00-3:45

Please e-mail the Participation Team to join this training

participation_team@sandwellchildrenstrust.org



Caring for looked after children



The Training Hub

Moving onto Adoption/Permanency

Overview

Moving a child into a new family is a life-altering event for the child, it can also be an emotional time for you as a carer. This course will help you to support the child transition smoothly through the process supporting a successful adoption/ permanency.

There are two courses available on the Fostering Training Hub:

- Adoption and Fostering
- Adoption and permanence

Online!



To access this course click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

Caring for looked after children

Workshop to Raise the Awareness of Prevent (WRAP)

Overview

WRAP is designed make you aware about your contribution in preventing vulnerable people being exploited for extremist or terrorist purposes. This workshop improves the understanding of the processes used by those who radicalise individuals and ensures that you know whom to contact within the Trust to discuss any concerns.

Learning Outcomes

- An understanding of the Prevent agenda and your role within it.
- The ability to use your existing expertise and professional judgement to recognise potentially vulnerable individuals and know when an intervention may be necessary to support them.
- Knowledge of when, how and where to refer concerns about vulnerable individuals.

Dates & Times:

- 11th January 2021 ~ 10:00-11:30
- 12th February 2021 ~ 10:00-11:30
- 5th March 2021 ~ 10:00-11:30
- 6th April 2021 ~ 10:00-11:30



Caring for looked after children

Social Media - Keeping Young People safe online Friend or Foe what do you know?

Overview

The internet is an ever increasing and developing part of young peoples lives and the internet is rapidly becoming an essential tool for learning, communication, self- expression and the forming of personal identity and peer groups. It is therefore necessary for carers to understand the risks and responsibilities of using the internet.

Learning Outcomes

- Explore what children & young people are doing online
- Identify some of the risks children & young people face online & ways to respond
- Learn about practical tools & resources to help you keep your family safe online

Dates:

28th January 2021

12th March 2021

17th May 2021

Times: 09:30-12:30



Caring for looked after children

Seeing the REAL World through your child's eyes



Virtual training for all Foster Carers who have children aged 2 years to 8 years, (you will receive everything you need for the training 72 hours beforehand).

Lots of **fun**, practical 'hands on' approach through online learning with two amazing people to navigate you every step of the way!

We are going to experience bringing different literacy strands to life:

- Oral language (things to talk and sing about).
- Environmental Print (signs, logos and things we notice out and about).
- Writing for a Purpose (making marks and writing indoors and outdoors)
- Books and things to read (story language and book talk)

Workshop 1: Monday 22nd February 2021- 9.45-11:00

Workshop 2: Monday 1st March 2021- 9.45-11:00

Next set of dates:

Workshop 1: Wednesday 28th April 2021- 9.45-11:00

Workshop 2: Wednesday 5th May 2021 - 9.45-11:00

**Further dates are available,
contact the Learning &
Development team for more
information**



Caring for looked after children

Tots Talking



**Tots Talking is a new pilot project with ICAN
8 weeks x 1 hour workshops (on line training with
practical fun ideas and resources!)**

What is it about?

Tots Talking is a programme developed by parents/carers for parents/carers to support them to improve the language of their 2-year-old children, at risk of delayed language. It does this by encouraging parents/carers to use contingent language and behaviours to support children's language and communication skills.

The sessions are supported by the Tots Talking App which parents/carers can use on their phone.

The App gives information to help parents/carers learn and encourage them to practice what they have learned with their child at home.

Workshop 1: 22nd April 2021 ~ 9:45- 11:00

Workshop 2: 29th April 2021 ~ 9:45- 11:00

Workshop 3: 6th May 2021 ~ 9:45- 11:00

Workshop 4: 13th May 2021 ~ 9:45- 11:00

Workshop 5: 20th May 2021 ~ 9:45- 11:00

Workshop 6: 27th May 2021 ~ 9:45- 11:00

Workshop 7: 10th June 2021 ~ 9:45- 11:00

Workshop 8: 17th June 2021 ~ 9:45- 11:00

You will be expected to attend all 8 workshops

Further dates are available, contact the Learning & Development team for more information



Caring for looked after children

Chat, Play, Read



What is the Chat, Play, Read all about?

These sessions are going to offer you a fantastic range of fun, exciting and different types of activities to support children's speech, language and communication development.

The activities are going to incorporate 3 simple steps:

Chat: encourage talking but especially 2-way conversation. Taking turns in conversation. Just like, "Your turn, My turn."

Play: your child's language will blossom when they interact with you and explore in a playful and creative manner.

Read: sharing books, singing nursery rhymes, parents and children talking together....about anything, any time, any place, anywhere.

Workshop 1: 1st & 8th February 2021 ~ 9:45- 11:00

Workshop 2: 8th & 15th March 2021 ~ 9:45- 11:00

Workshop 3: 10th & 17th May 2021 ~ 9:45- 11:00

Workshop 4: 14th & 21st June 2021 ~ 9:45- 11:00

You are required to attend one workshop on both dates.

Further dates are available, contact the Learning & Development team for more information



Caring for looked after children

Total Respect: Children's rights and participation

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

Overview

This module will provide you with a thorough understanding of children's rights, including the right to participation.

Learning Outcomes

- Identify ways to provide more opportunities for Children & Young People to participate in day-day decision making
- Identify the barriers that prevent Children & Young People making decisions
- Understand why it's important to promote participation
- Understand how Children & Young People feel when they experience being treated unfairly

Dates: TBC

Times: TBC



Caring for looked after children

Total Respect: Communicating with children and young people

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

Overview

In this module, you will explore assumptions made about Children & Young People, the importance of listening to young people, and the experience of being a child in care.

Learning Outcomes

- Explore the experiences and feelings of Children & Young People when faced with change
- Recognise the importance of clearly listening to Children & Young People
- Consider the thoughts and feelings behind the presenting behaviour of a Child or Young Person
- Recognise the importance of having personal information about the Children & Young

Dates: TBC

Times: TBC



Caring for looked after children

Total Respect: Promoting independent living skills

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

Overview

In this module will focus on how you can support Children & Young People to move from care to independence through support and promoting independent living skills.

Learning Outcomes

- Explore different approaches to ensure care leavers have the same opportunities as other young people when transitioning from care to independence

Dates: TBC

Times: TBC



Caring for looked after children

The importance of play for Children who have experienced separation, loss and trauma

Overview

The course will involve a range of practical activities as well as theory that will equip you to support children in your care through play

Learning Outcomes

Summary of contents:

- Barriers to play: separation, loss and trauma
- Why children need to play: play in the developmental process
- How we can support children through play
- To develop an understanding of the importance of play in the lives of children
- To develop an approach to support children through play

Dates:

28th January 2021

17th March 2021

29th April 2021

10th June 2021

Times: 10:00-14:00



Caring for looked after children

Trusted Adult Training

Overview

Public Health and Inclusion Support have developed a suite of training for the children's workforce that develops their skills as trusted adults to the children and young people of Sandwell. System wide Trusted Adult support will provide a layer of universal well-being support, with the aim of positively impacting on the well-being of a large number of young people who live in Sandwell, all of whom are experiencing the impact of the Covid-19 outbreak.

The Trusted Adult Training is grounded in psychological theory that is based on humanistic principles and which views mental health from a salutogenic perspective. This perspective of mental health foregrounds the importance of mental health promotion, and has a strong focus on factors that can support well-being. Research in this area highlights the role that Trusted Adults can play in supporting the emotional well-being of children through the actions they take and the support that they can provide as part of a young person's systemic support network.

There will be a blended learning approach to this training. Some of the modules will be delivered virtually via MS Teams, some modules will be sent to you as a video link for you to watch in your own time. The final stage will be a group supervision session where you will have the opportunity to ask questions, reflect on your learning and explore how you can put this learning into practice.

Caring for looked after children

Trusted Adult Training cont'd

There are 9 modules available as part of this programme and you are required to undertake all of them:

Module 1 – **Adverse Childhood Experiences (ACE's)**

Module 2 – **Staff/carer well-being**

Module 3 – **Exam stress**

Module 4 – **Social media**

Module 5 – **LGBTQ & Diversity**

Module 6 – **Activities for Wellbeing**

Module 7 – **Bereavement**

Module 8 – **The developing brain**

Module 9 – **Covid-19 experiences and implications**

JAN FEB MAR MAR

27 10 3 17

MAR APR MAY MAY

31 28 12 26

JUN JUN

16 30

Times:

10:00-12:00 or 15:00-17:00

To book your place please use the link below:

<https://www.eventbrite.co.uk/e/trusted-adult-training-voluntary-sector-and-wider-workforce-tickets-123320782781>



Caring for looked after children

Understanding and Managing Autism Spectrum Disorder (ASD)

Overview

Approximately 1 in 100 children are on the Autistic Spectrum. Each child will have specific support needs to assist in their social, emotional and educational development. This course enables you to gain knowledge and skills that will prepare you for a role supporting a child on the Autistic Spectrum or with Asperger's Syndrome.

ASD Awareness

Learning Outcomes

- What is autism?
- Overview of the areas of need across the spectrum
- General strategies
- Golden rules

Dates:

23rd February 2021

14th June 2021

Times.: 09:30-11:30

ASD Awareness Plus

Learning Outcomes

- Overview of the 'triad of impairments,'
- Sensory needs and behaviour implications
- General strategies for each area
- Deeper understanding of young people with ASD
- Golden rules

Dates:

11th January 2021

20th April 2021

Times: 09:30-11:30



03 Safeguarding

Everyone in the children's workforce must be able to meet national and local standards in working with children and young people and their families. These safeguarding courses raise awareness of key issues surrounding the need to identify abuse, protect children and young people and support those who care for them.



Sandwell Children's Safeguarding Partnership



Sandwell Children's
Safeguarding
Partnership

Safeguarding multi-agency training is run by **Sandwell's Children's Safeguarding Partnership** and can be booked via their website;

E-learning modules available:

- Learning from serious case reviews
- Person in a position of trust
- Core working together (refresher)
- Learning from serious cases

To access an **eLearning** course either register your details at

<https://training.sandwellscb.org.uk/register>

or log in to your account at

<https://training.sandwellscb.org.uk/login>

Sandwell Children's Safeguarding Partnership

Childhood Regained: Safeguarding in a digital world

The main aim of the session(s) is for practitioners to **go away thinking about how they can support keeping children safe in a digital world**. Be confident that **they have the relevant knowledge and understanding required** to keep children safe whilst helping to support parents/carers to do the same.

Learning Outcomes

- Consider the issues that are currently faced in the lockdown period. Do we need to change how we are supporting children and young people
- Learn how to support young people to be alert to the dangers
- To be able to raise awareness with parents
- Able to understand the unique risks associated with online safety
- To promote the responsible use of technology



Sandwell Children's Safeguarding Partnership

Core Working Together Level 3 - Virtual

Overview

As carer it's important that you know how to work together with other agencies to safeguard CYP in your care and to ensure that you are aware of information sharing and referral processes.

Learning Outcomes

- Be aware of their roles and responsibilities for safeguarding children and young people
- Be aware of other interagency roles and responsibilities for safeguarding and promoting the welfare of children
- Understand and contribute towards the processes outlined in '*What to do if you're worried a child is being abused*' i.e. Understand how to make a referral and the possible outcome of this referral
- Consider key area of safeguarding practice including information sharing; consent and confidentiality; escalation
- Consider how to demonstrate professional curiosity and a questioning stance in practice with children and families



Sandwell Children's Safeguarding Partnership

Signs of Safety

Overview

Signs of Safety is an innovative, strengths-based approach to working with children and families. This approach is grounded in partnership and collaboration and uses a range of interactive techniques to address risks and concerns while acknowledging strengths which leads to better engagement.

Learning Outcomes

- To feel confident in recognising and contributing to the Signs of Safety process
- To feel confident in using Signs of Safety in meetings, recording, reporting, and direct work with families
- To be able to understand 'mapping' and its purpose
- To create danger statements, safety goals and scaling questions
- A demonstration of safety planning in brief
- Using the 'Words & Pictures Explanations' and involving Children with 'The Three Houses'



Sandwell Children's Safeguarding Partnership

Trafficking & Modern Day Slavery

Learning Outcomes

- To understand the different manifestations of Modern Day Slavery
- To be able to identify a victim
- To understand what to do if a victim is identified
- Understand the National Referral mechanisms



04 Self-Directed Learning

To develop a secure sense of identity, children need to grow up in an environment where they feel loved and secure. There needs to be a sufficient range of carers who have the skills or potential to care for different groups of looked-after children and young people. Self-directed learning is the learning and development you engage in outside of formal face-to-face training. Engaging in other forms of training will support you to provide physical placement stability, stability of relationships, educational stability and continuity of contact with family, relatives and friends.



Self-Directed Learning

research
in practice

To support self-directed learning you will be given access to Research in Practice. This is a website that aims to bridge the gaps between research, practice and service users' lived experiences. All Sandwell Children's Trust staff have access to this resource too.

By providing a range of evidence-informed resources and learning opportunities based on academic research, practice expertise and evidence from service users they aim to improve practice and ultimately outcomes for children and families.

To create a **free** account please follow these simple steps:

1. Create an account by clicking on this link:
<https://www.rip.org.uk/login/create-account/>
2. E-mail training_sct@sandwellchildrenstrust.org to notify them you have created an account
3. You will receive an e-mail to say your account has been activated
4. Log on and utilise the resources to support your role as a carer

Self-Directed Learning



The Training Hub

We have teamed up with **The Social Care Training Hub** to bring you over **150 on line training courses** at intermediate and advanced levels.

If you would like to access any of these courses please follow the steps below:

If you haven't got an account please e-mail:

training_sct@sandwellchildrenstrust.org and we will create one for you. **Please don't try and create an account for yourself as you may get charged to access the training.**

If you already have an account:

- 1) Click on this link www.thefostercaretraininghub.co.uk
- 2) Identify a course that will support your development
- 3) Look at the learning outcomes for that course and decide if it is right for you
- 4) If there is an option for either an intermediate or advanced level ensure you choose the right level for you
- 5) Discuss with your supervising social worker the benefits of this course and how it will help improve outcomes for the children and young people in your care
- 6) If agreed contact training_sct@sandwellchildrenstrust.org with your request, you will then receive an e-mail with instructions on how to access the course you have chosen.

Self-Directed Learning



The Training Hub

The Social Care Training Hub also offers a number of e-learning modules for children & young people (age 10 and upwards) these can be completed either on their own or alongside an adult.

- Healthy relationships
- Mental Health in young people
- Leaving care – expectations and support
- LGBT Youth - Be in the know
- Managing anger, emotions, and getting relevant support
- My rights as a care leaver
- Radicalisation
- Safer Caring and Risk Management
- Self-Harm
- Self-esteem building in CYP
- Sexualised behaviour
- Why is my sexual health important?
- Understanding labels
- Understanding my rights as a Looked After Child
- What to do when I feel stressed
- What to do when I turn 18
- Who am I? – Personal identity
- Who is Who?
- Why carers get worried when I go missing
- Social networking and internet safety
- Anti-Bullying
- Attachments
- Becoming independent for 16-year-olds and young people
- Birth families and social media
- Celebrating difference
- Complaints -What I need to know
- Court appearances & what to expect
- Cyberbullying
- All about sexual abuse and exploitation
- Drugs, alcohol & psychoactive substances
- Eating disorders
- Education - rights and entitlements
- Fire safety
- Food safety
- Future focus - Where am I going?
- Gangs and group offenders
- Getting the most out of education
- Health, nutrition and well-being

05



Training Resources

Artemis E-learning

Artemis e-learning

Artemis online training provides flexible learning that is convenient to you. There are 6 modules (see below) which will take you approximately 1-2 hours per module.

You can book on this training at any time by contacting:

artemis_adviceline@sandwell.gov.uk

or by calling

Jenny Tarrant on 0121 569 8257

To log into your account please click here:

<https://www.zoomlms.co.uk/>

1. Children's workforce induction
2. Child protection level 1
3. Understanding child attachment
4. Working with parents
5. Working with children & young people (CYP) with disabilities
6. A Signs of Safety approach to working with families

Online!



ICT Training Microsoft 365

This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

Microsoft Excel

- Quick start
- Intro to Excel
- Rows & columns
- Cells
- Formatting
- Formulas & functions
- Tables
- Charts
- Pivot Tables
- Share & co-author

Click [here](#) for the Microsoft on-line training tool for Excel

Microsoft Outlook

- Quick start
- Set up and customise
- Create & send email
- Manage email
- Organise your inbox
- Contacts and tasks
- Calendar

Click [here](#) for the Microsoft on-line training tool for Outlook



ICT Training Microsoft 365

This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

Microsoft PowerPoint

- Quick start
- Intro to PowerPoint
- Slides and layouts
- Text & tables
- Pictures & graphics
- Present slideshows
- Animation, video & audio
- Share & co-author

Click [here](#) for the Microsoft on-line training tool for PowerPoint

Microsoft Word

- Quick start
- Welcome to Word
- Write and edit
- Format text
- Lay out pages
- Insert tables, pictures, and watermarks
- Save and print
- Share and co-author
- Improve accessibility and ease of use

Click [here](#) for the Microsoft on-line training tool for Word



ICT Training Microsoft 365

This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

Microsoft OneNote

- Get started
- Take notes
- Format notes
- Draw and sketch
- Stay organised
- Share & sync
- OneNote on mobile devices

Click [here](#) for the Microsoft on-line training tool for OneNote

Microsoft Publisher

- Create a publication
- Layout content for a print or online publication in a variety of pre-designed templates
- Create simple items like greeting cards and labels
- Create complex projects like catalogues and professional newsletters

Click [here](#) for the Microsoft on-line training tool for Publisher



Training Support & Development Standards (TSD's)



The Training Hub

The Fostering Training Hub have a range of e-learning modules to support **Mainstream carers** to complete their Training Support and Development Standards workbook. Please note these are here to support you, you are still required to complete your workbook.

Training Support Development Standards	The Fostering Training Hub online options
Standard 1 -Understand the principles and values essential for fostering children and young people	➤ Standard 1: Principles in fostering
Standard 2- Understand your role as a foster carer	➤ Standard 2: Your role as a foster carer
Standard 3: Understand health and safety, and health care	➤ Standard 3: Positive communication fostering
Standard 4: Know how to communicate effectively	➤ Standard 4: Positive communication fostering
Standard 5: Understanding the development of children and young people	➤ Standard 5: Understanding child development fostering
Standard 6: Keep children and young people safe from harm	➤ Protecting children fostering
Standard 7: Develop yourself	➤ Develop yourself fostering

To access these courses click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org



Useful Information

05 Useful Information

Training locations and parking

The Pavilion 101 Lightwoods Hill, Smethwick B67 5ED
Near Warley woods.

Coneygre Arts Centre, Sedgeley Road East, Tipton,
DY4 8UH (Free parking)

Connor Road Education Centre, Connor Road, West Bromwich,
West Midlands, B71 3DJ (Parking restrictions on Connor Road)
(Free parking available on Charlemont Bowling Club,
46 Charlemont Road, West Bromwich B71 3DU)

Metsec Building, Broadwell Road, Oldbury, West Midlands, B69
4HE

Capehill Childrens Centre, Corbett Street, Smethwick,
B66 3PX (Free parking)

Direct 2 Industrial Park, **Roway Lane**, Oldbury, B69 3ES

321 **High Street**, West Bromwich, West Midlands, B70 8LU
(opposite West Bromwich Town Hall and Library)

Parking in and around West Bromwich can cost up to £4 per day. This can be claimed back along with your car mileage/bus/train fare. Please keep any receipts or parking tickets and give them to your Supervising Social Worker

Core Training Log

Name: _____

Course Title	Date Completed/ Attended	Refresher Due Month/Year
Equality & Diversity		
Attachment & Child Development		
Paediatric First Aid		
Recording & Reporting		
Child Protection & Safeguarding Children		
Safer Caring		
Challenging Behaviour – Early Years, KS1/KS2		
Challenging Behaviour – KS3/ Adolescents		

My Reflective Learning Log

Use this Reflective Learning Log to reflect on any learning activities to support your TDS,s and your Personal Development Plan (PDP)

Title of Learning Activity:
Name:
Date:

Key areas of learning for me were:

- 1.
- 2.
- 3.

One thing that I will take away from this L&D activity that I will do differently and will make a positive difference to children & young people:

Other improvements that I want to make in my role as a foster carer:

- 1.
- 2.
- 3.

By when?

Areas I wish to explore further are? Support I need from my supervising

Examples of Learning & Development Activities

Category	Examples
Self-Directed Learning	<ul style="list-style-type: none">• Reading articles in books, magazines, newspapers or on a website that relate to caring for children & young people and/or understanding their needs• Watching/listening to a television programme/film, documentaries podcast, radio programme, any of which could have content that supports your understanding and increases awareness of children & young peoples lived experiences• On-line learning modules e:g The Social Care Training Hub• Voluntary work you do that supports your understanding of children in your care
Your role as a foster carer	<ul style="list-style-type: none">• Core/additional training• Attending meetings at school• Attending LAC reviews• Learning by doing – Everyday care of children & young people• Supporting other foster carers (peer support)
Formal and educational	<ul style="list-style-type: none">• Attending conferences• Academic courses resulting in a qualification relating to children & young people• Further education courses• Co-facilitating training• Distance or on-line learning



Your Learning & Development Team

Nino Mele: Learning & Development Manger

Louise Harris: Senior L&D Officer (07901 331735)

Nick Shough: Senior L&D Officer (07741 833587)

Michaela Morahan: Workforce Development Assistant

For training enquiries or to book onto training, contact
the Learning and Development Team



SCT_training@sandwellchildrenstrust.org