

Learning & Development “Info Burst”



Welcome to the Learning & Development “Info Burst”

April 2021



This months features include:

- Foster Care Training Brochure
- Training in May
- Trauma Informed practice
 - Behaviour is communication
 - The power of language
 - Transitions and moving on
 - Understanding & assessing unresolved loss and trauma in parents
- Supporting Young Peoples Well-being & Mental Health
- Sandwell Children's Safeguarding Partnership Training
- Autism Spectrum Disorder (ASD) Training
- Chat, Play, Read
- Prevent Training
- Mandatory training – Evening & weekend options
- Mandatory training – Online e-learning options
- The Foster Care Training Hub – Online e-learning
- Self Directed Learning – Research in Practice
- Black County Women's Aid Domestic Abuse Support

Learning & Development “Info Burst”



The Foster Care Training Brochure is now available in a paper version, if you would like a copy please contact you Supervising Social Worker who will arrange for one to be posted out to you



To view an online version, please click the link below:

<https://www.sandwellchildrenstrust.org/trust-updates/>

The training brochure is updated as and when information changes, for example change of date, time or venue.

Any changes will be reflected in the online version not the paper version.

Please ensure you receive a confirmation e-mail from Learning & Development which confirms your place on the training course, date, time and venue (if applicable).

[Back to Contents](#)

Learning & Development "Info Burst"



Coming in May 2021

★ Mandatory training

| Course | Date | Time | Platform/Venue |
|---------------------------------------------------|-----------------------------------------------------------------------------------------|---------------|-------------------------------------------------------------------------------|
| Recording & Reporting ★ | 4 th May | 10:00-14:00 | Zoom |
| Paediatric First Aid ★ | 5 th , 6 th & 7 th May (you must attend all 3 days) | 10:00-14:30 | St Mary's Church, Bearwood Road & St Marys road, Bearwood, Smethwick B66 4BX. |
| Understanding Challenging Behaviour Adolescents ★ | 6 th May | 09:30-11:30 | MS Teams |
| Attachment & Child Development ★ | 10 th & 11 th May | 9:30-12:30 | Zoom |
| Chat, Play, Read | 10 th & 17 th May | 10:00-11:00 | MS Teams |
| Safer Caring ★ | 10 th May | 10:00-2:00 | Zoom |
| Social Media – Keeping young people safe online | 17 th May | 09:30-12:30 | Zoom |
| Child Protection & Safeguarding ★ | 19 th May | 6:00pm-9:00pm | Zoom |
| Prevent | 19 th May | 10:00-11:30 | MS Teams |
| Paediatric First Aid ★ | Saturday 15 th May & Saturday 22 nd May | 09:00-3:30 | St Mary's Church, Bearwood Road & St Marys road, Bearwood, Smethwick B66 4BX. |
| Understanding Exploitation | 26 th & 27 th April | 10:00-11:30 | MS Teams |
| Attachment & Child Development ★ | 26 th & 27 th May | 9:30-12:30 | Zoom |
| Understanding Challenging Behaviour Early Years ★ | 27 th May | 09:30-11:30 | MS Teams |

To book a place please email:
training_sct@sandwellchildrenstrust.org

[Back to Contents](#)

Learning & Development "Info Burst"



Karen Treisman – Trauma Informed Practice Training for frontline workers, managers and Foster Carers



Dr Karen Treisman is a Highly Specialist Clinical Psychologist who has worked in the National Health System and children's services for several years. Karen has extensive experience in the areas of trauma, parenting, adversity (ACE's) and attachment

June 2021 dates, BOOK NOW!

Behaviour is Communication

This workshop explores how behaviour is communication and how it tells us a story and gives us clues about the child's inner world. We will bring to life using some poetry, some "case studies", some anecdotes, and some powerful images exploring how behaviour is communication, and how we need to learn to see the person behind the behaviour. Some suggested questions for exploring behaviour further, as well as some top tips for responding will be shared and explored. This will also give attendees a way to make sense of behaviour and of ways to communicate how behaviour is communication to others.

10th June ~ 09:30-12:30

Transitions & Moving On

This introductory workshop offers some tools and ideas for supporting young people around transitions and moving on, such as moving to a new foster home, ending therapy, transitioning between schools and so forth. This workshop also gives some time to reflect on why this might be more difficult for children and young people in the context of trauma. What some common responses we might see, and how this can trigger our own experiences with endings and goodbyes. Then some practical and creative ideas will be shared.

25th June ~ 13:30-16:30

Understanding & assessing unresolved loss and trauma in parents

This session supports attendees to apply a trauma lens to how they understand and work with parents; and how unresolved trauma can show itself in the parenting role and in interactions with professionals. Some key tools and techniques for working with parents will be shared; as well as thinking about some ways of optimising assessments with parents.

11th June ~ 09:30-16:30

The Power of language

This powerful and important workshop explores and reflects on the words which we use in conversations, in therapy, in notes/recordings, and in places like meetings. We look at the words we use to talk about people and describe them; as well as talking with other professionals. We think about how the way we speak can influence and impact our and others lens, bias, prejudice, attitude, actions, and so forth. This includes thinking about attentional and confirmation biases. We also look at why our words can be healing or harmful. Trauma-inducing or trauma-reducing. We think about how words can make worlds. This includes person first language, trauma-informed language, opinion-based language, the meaning behind acronyms, and much more. Stories, anecdotes, and top tips will be shared; as well as powerful images. There will be opportunities to reflect, share thoughts, and discuss with others in the group.

24th June ~ 09:30-16:30

[Back to Contents](#)



Trauma Informed

The Adverse Childhood Experiences (ACEs) project is working to support organisations in becoming trauma informed and ACE aware and to help embed this into their practice.

Being trauma informed means to be aware of adverse life experiences and traumas that could have a negative impact on a person's wellbeing and behaviour.

Trauma Informed Practice

This half-day training course has been adapted into a webinar. The webinar is split into three sections of between 1 and 1.5 hours each. This can be accessed as a [live online delivery](#) or as a [pre-recorded version](#).

This course aims to reinforce the strengths and relationship-based practice many professionals will already engage in. The course contains a recap for those who have already completed the Introduction to ACEs and Trauma Informed Practice Training. It then goes into greater detail and depth on relevant psychological theory and trauma informed practice at an organisational level.

Please see the link below for further details

<https://westmidlands-vru.org/about/trauma-informed/>

Learning & Development “Info Burst”



SUPPORTING YOUNG PEOPLE'S WELL- BEING & MENTAL HEALTH

Sandwell Educational Psychology Service are offering free training across the Multi-Agency Partnership:

THIS IS A BLENDED LEARNING PROGRAMME. OFFER TO INCLUDE:

- a live 2-hour seminar led by Educational Psychologists
- access to material for independent learning across 9 modules
- access to facilitated online workshops where you can reflect on your learning alongside others and explore topics in greater depth

This training aims to raise awareness of **mental health and well-being as everyone's business**, highlight the key skills required to support practice as a Trusted Adult and to provide up to date information on topics pertinent to CYP's mental health.

This course is aimed at all individuals working directly with children or young people; within schools, the voluntary and community sector, Children's Services or within healthcare.

Book now to secure your place

<https://www.eventbrite.co.uk/e/trusted-adult-training-voluntary-sector-and-wider-workforce-tickets-123320782781>

[Back to Contents](#)

Learning & Development “Info Burst”



Female Genital Mutilation

- Tuesday 8 June 2021 (13:30 - 17:00)

Domestic Abuse and Adult Safeguarding

- Wednesday 28 April 2021 (09:30 - 13:00)

Sexual Assault and Abuse

- Friday 30 April 2021 (13:30 - 17:00)
- Thursday 10 June 2021 (13:30 - 17:00)

Domestic Abuse – 2 day course

- Wednesday 5 May 2021 (09:30 - 13:00)
- Wednesday 12 May 2021 (09:30 - 16:30)
-
- Tuesday 13 July 2021 (09:30 - 13:00)
- Tuesday 20 July 2021 (09:30 - 16:30)

Domestic Abuse and Access to Public Funds

- Thursday 6 May 2021 (09:30 - 13:00)
- Thursday 15 July 2021 (09:30 - 13:00)

Learning from Domestic Homicide Reviews (DHRs)

- Monday 17 May 2021 (13:30 - 17:00)
- Friday 9 July 2021 (09:30 - 13:00)

You can book on the training via the following link

<https://training.sandwellscb.org.uk/events-list?c=74>

[Back to Contents](#)

Learning & Development “Info Burst”



Sandwell Childrens Safeguarding Partnership



SCSP have some limited availability on the following training sessions March – May 2021. To book on any of the training please click on the below headers and log in. Or register an account on our online learning management system:

<https://training.sandwellscb.org.uk/>

Becoming Trauma Responsive

(follow on from ACEs Awareness and Introduction to Trauma Informed Practice)

- MONDAY 19 APRIL 2021 (9.20 - 12.30)
- THURSDAY 29 APRIL 2021 (9.20 - 12.30)

Modern Slavery – Awareness

Briefing- You might think that slavery ended with abolition in the 19th century. Yet, there are still millions of men, women and children around the world being forced into slavery. In the UK alone, there is estimated to be around 136,000* people in slavery, with 1 in every 4 of those victims being a child. It can affect anyone, in any industry and in any part of the world.

- MONDAY 19 APRIL 2021 (09:45 - 13:00)
- MONDAY 26 APRIL 2021 (09:45 - 13:00)

Understanding Extremism –

To counteract the concepts and activity of extremism and radicalisation in Sandwell.

Understanding of how extremist ideas are challenged, including extremist and terrorist narratives.

This could help support local partners and faith-based community leaders to provide a counter narrative and counteract the concepts and activity of extremism and radicalisation in Sandwell. To support safeguarding and further embed the referral process for concerns. To support practitioners who work and interact with young people and communities in Sandwell who may be vulnerable to extremist ideology.

- FRIDAY 9 APRIL 2021 (09:30 - 16:00)

Childhood Regained, Exploitation 'Drop in Clinics'

To develop awareness of exploitation and to develop an understanding of risk assessment and how to respond to children at risk.

These sessions will give delegates an opportunity to meet the Horizons Team, to learn about trends, hot spots and new intelligence in 'real time' and discuss any concerns with (anonymised) cases.

- 14-05-2021 (10:00-11:30)

[Back to Contents](#)

SCSP Conference targeting Neglect

Tackling neglect remains high on everyone's agenda and this has remained a priority area for Sandwell Children's Safeguarding Partnership especially when supporting children throughout the pandemic. This year there have been a lot of developments, successes, challenges and solutions when identifying and tackling neglect in a virtual world.

To share some of these challenges, celebrate some of the good practice and to update on upcoming projects and initiatives, we are delighted to announce that Sandwell Children's Safeguarding Partnership are hosting our annual conference:

Why are my needs not being met? Is neglect being neglected?

Join the conference to hear from:

- Sandwell Children's Safeguarding Partnership
- Emeritus Professor Jan Horwath
- Kerry Littleford
- NSPCC
- Working Together With Families: an early intervention service for neglect

Learning outcomes

- ❖ Understand why neglect is a priority for SCSP
- ❖ Understand how to tackle neglect together
- ❖ Understand factors which contribute to neglect and the impact on the child

Target Audience:

All managers, supervisors and practitioners who work with children and families

| Date | Time |
|------------------------------|------------------|
| Tuesday 8 th June | 9:30am – 15:00pm |



Why are my needs not being met?
Is neglect being neglected?

Tuesday 8th June
9:30am - 3:00pm

Booking Via Eventbrite
<https://www.eventbrite.co.uk/e/neglect-conference-tickets-146416374317>

Conference Targeting Neglect:

How
Why
What

Sandwell Children's Safeguarding Partnership

To book please [click here](https://www.eventbrite.co.uk/e/neglect-conference-tickets-146416374317).

Or copy and paste the link into your browser:

<https://www.eventbrite.co.uk/e/neglect-conference-tickets-146416374317>

[Back to Contents](#)

‘Sexual Exploitation Still Happens Here’

The Sandwell Anti-Slavery Partnership are working together to highlight the important work around sexual exploitation. **‘Sexual Exploitation Still Happens Here’** conference is a stark reminder that despite the best efforts to stamp out modern slavery, sexual exploitation still exists in our communities, regionally nationally and across the world.

Sexual exploitation is becoming increasingly more complex to detect and investigate, with traffickers constantly changing their tactics. It is vitally important, now more than ever that we are **working in true collaboration**, to protect victims, pursue those who perpetrate sexual exploitation and disrupt locations where sexual exploitation occurs.

An estimated 4.8 million people are victims of forced sexual exploitation across the world. Victims are men, women and children of all ages, ethnicities and nationalities. Last year in the UK, **there were 2042 victims of sexual exploitation reported across the UK** to the NRM, of these 940 Females, 175 male victims and 624 girls 186 boys.

We cannot underestimate the **true power that partnerships** play, through the Sandwell Slavery and Human Trafficking Operational Partnership (SHOP) we have responded to 89 concerns of sexual exploitation since April 2019. In our multi-agency response to **address modern slavery collectively** our teams have carried out 150 multi agency collaboration visits, completed 198 safeguarding visits. We are beginning to understand the profile of sexual exploitation across our borough. **‘Sexual Exploitation Still Happens Here’** is a conference that will raise awareness of different aspects of sexual exploitation. Join us as we look through different lenses of sexual exploitation, especially where we need to **adjust and alter those lenses**. The wealth of professional knowledge and wisdom of the presenters who are the **best in their field**, is an opportunistic opportunity you do not want to miss.



When is the event? - 25th May 2021, starting at 9.30 – 4.30pm

How do I sign up - Registration is through Eventbrite, you can **sign up** via the link below.

<https://sexualexploitation.eventbrite.co.uk>

[Back to Contents](#)

Caring for looked after children

Understanding and Managing Autism Spectrum Disorder (ASD)

Overview

Approximately 1 in 100 children are on the Autistic Spectrum. Each child will have specific support needs to assist in their social, emotional and educational development. This course enables you to gain knowledge and skills that will prepare you for a role supporting a child on the Autistic Spectrum or with Asperger's Syndrome.

ASD Awareness

Learning Outcomes

- What is autism?
- Overview of the areas of need across the spectrum
- General strategies
- Golden rules

Date:

14th June 2021

Times.: 09:30-11:30



Caring for looked after children

Chat, Play, Read



What is the Chat, Play, Read all about?

These sessions are going to offer you a fantastic range of fun, exciting and different types of activities to support children's speech, language and communication development.

The activities are going to incorporate 3 simple steps:

Chat: encourage talking but especially 2-way conversation. Taking turns in conversation. Just like, "Your turn, My turn."

Play: your child's language will blossom when they interact with you and explore in a playful and creative manner.

Read: sharing books, singing nursery rhymes, parents and children talking together....about anything, any time, any place, anywhere.

Workshop 1: 1st & 8th February 2021 ~ 9:45- 11:00

Workshop 2: 8th & 15th March 2021 ~ 9:45- 11:00

Workshop 3: 10th & 17th May 2021 ~ 9:45- 11:00

Workshop 4: 14th & 21st June 2021 ~ 9:45- 11:00

You are required to attend one workshop on both dates.

Further dates are available, contact the Learning & Development team for more information



Caring for looked after children

Workshop to Raise the Awareness of Prevent (WRAP)

Overview

WRAP is designed make you aware about your contribution in preventing vulnerable people being exploited for extremist or terrorist purposes. This workshop improves the understanding of the processes used by those who radicalise individuals and ensures that you know whom to contact within the Trust to discuss any concerns.

Learning Outcomes

- An understanding of the Prevent agenda and your role within it.
- The ability to use your existing expertise and professional judgement to recognise potentially vulnerable individuals and know when an intervention may be necessary to support them.
- Knowledge of when, how and where to refer concerns about vulnerable individuals.

Date & Time:

19th May 2021

10:00-11:30



Terrorism
Has
~~NO~~
Religion



[Back to Contents](#)

Caring for looked after children

Social Media - Keeping Young People safe online Friend or Foe what do you know?

Overview

The internet is an ever increasing and developing part of young peoples lives and the internet is rapidly becoming an essential tool for learning, communication, self- expression and the forming of personal identity and peer groups. It is therefore necessary for carers to understand the risks and responsibilities of using the internet.

Learning Outcomes

- Explore what children & young people are doing online
- Identify some of the risks children & young people face online & ways to respond
- Learn about practical tools & resources to help you keep your family safe online



Dates:
17th May 2021

Times: 09:30-12:30

Learning & Development “Info Burst”



Mandatory training Evening & Weekend options

| Core Training 2020/2021 | Dates and times |
|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Equality & Diversity | 12 th June 2021 ~ 14:00-17:00 |
| Child Protection & Safeguarding Children & Young People | 19 th May 2021 ~ 18:00-21:00 26 th June 2021 ~ 14:00-17:00 |
| Attachment & child development | 19 th & 26 th June 2021 ~09:30-12:30 |
| Paediatric first aid | 15 th & 23 rd May 2021 ~ 09:30-15:30 21,22,28, 29 June 2021 ~ 18:00-21:00 |
| Safer Caring | 5 th June 2021 ~ 10:00-14:00 |



[Back to Contents](#)

Learning & Development “Info Burst”



Mandatory Training Online E-learning options

We recognise face-face training isn't always possible for everyone. To support all carers to access and complete core training we have identified the following courses on the Fostering Training Hub that can be completed as an alternative to face-face training.

(Please note we expect carers to complete face-face/virtual training where possible. Please discuss these options with your SSW during supervision)

Core Training 2020/2021

The Fostering Training Hub online options

Equality & Diversity

- Equality & Diversity fostering
- Equality & Diversity advanced level

Managing Challenging Behaviour KS3/adolescents

- Managing challenging behaviour fostering
- Managing challenging behaviour advanced level

Managing Challenging Behaviour early years KS1/KS 2

- Managing challenging behaviour fostering
- Managing challenging behaviour advanced level

Child Protection & Safeguarding Children & Young People

- Safeguarding Children foundation
- Safeguarding Children advanced
- Safeguarding children with learning disabilities

Attachment & child development

- Foundations for attachment fostering
- Attachment & bonding advanced level
- Child development
- Child development advanced level
- Secure attachment & bonding
- Secure base training fostering

Paediatric first aid

- First Aid Paediatric
- First Aid emergency

Safer Caring

- Risk management & safer caring
- Risk management & safer caring Advanced

Recording & Reporting

- Recording & Reporting Fostering
- Recording & Reporting Advanced Level

To access these courses click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

Training_SCT@sandwellchildrenstrust.org

[Back to Contents](#)

Learning & Development “Info Burst”



Self-Directed Learning



The Training Hub

We have teamed up with **The Social Care Training Hub** to bring you over **150 on line training courses** at intermediate and advanced levels.

If you would like to access any of these courses please follow the steps below:

If you haven't got an account please e-mail:

training_sct@sandwellchildrenstrust.org and we will create one for you. **Please don't try and create an account for yourself as you may get charged to access the training.**

If you already have an account:

- 1) Click on this link www.thefostercaretraininghub.co.uk
- 2) Identify a course that will support your development
- 3) Look at the learning outcomes for that course and decide if it is right for you
- 4) If there is an option for either an intermediate or advanced level ensure you choose the right level for you
- 5) Discuss with your supervising social worker the benefits of this course and how it will help improve outcomes for the children and young people in your care
- 6) If agreed contact training_sct@sandwellchildrenstrust.org with your request, you will then receive an e-mail with instructions on how to access the course you have chosen.

[Back to Contents](#)

Self-Directed Learning

research
in practice

To support self-directed learning you will be given access to Research in Practice. This is a website that aims to bridge the gaps between research, practice and service users' lived experiences. All Sandwell Children's Trust staff have access to this resource too.

By providing a range of evidence-informed resources and learning opportunities based on academic research, practice expertise and evidence from service users they aim to improve practice and ultimately outcomes for children and families.

To create a **free** account please follow these simple steps:

1. Create an account by clicking on this link:
<https://www.rip.org.uk/login/create-account/>
2. E-mail training_sct@sandwellchildrenstrust.org to notify them you have created an account
3. You will receive an e-mail to say your account has been activated
4. Log on and utilise the resources to support your role as a carer

Black Country Women's Aid Domestic Abuse Support



Domestic Abuse

Black Country Women's Aid support women, men and children.



- Call the **24-hour helpline** 0121 552 6448
- Text or **WhatsApp** on 07384 466 181 (9am-9pm weekdays)
- Call 999 **in an emergency**
- Speak to an advisor on **web chat** www.blackcountrywomensaid.co.uk (10am-2pm weekdays)



If you are worried about your own behaviour towards others, call the Respect Helpline 0808 802 4040.



For more information about help available in Sandwell, visit: www.sandwell.gov.uk/domesticabuse



Black Country Women's Aid

we listen, we support, we care



Safer Sandwell Partnership
Local Police and Crime Board