

# FOSTER CARE



## Training, Learning & Development Brochure

September 2021 - March 2022





# Welcome & Introduction

At Sandwell Children's Trust we serve the purpose of improving the lives of children and young people.

We do this by living our values:

- Listening, learning and caring
- Being ambitious and confident
- Encouraging innovation
- Acting with openness and transparency

I am pleased to introduce you to the latest foster care training brochure. As a fostering service we recognise the important role you play in caring for our children and young people (CYP). There are a range of training and development opportunities available for both new and experienced carers to support you in meeting the needs of our looked after children.

I would encourage you to look through the pages and plan your training and attendance with your supervising social worker as part of your personal development plan.

I would like to take this opportunity to thank you on behalf of Sandwell Children's Trust for the commitment and care you provide on a daily basis for our children and young people.

**Shanti Eaves – Head of Service**

# Our Expectations



Following approval from Fostering Panel, Foster Carers are expected to complete the Training, Support and Development Standards (TSD's). These are set out by the Department for Education and show the areas of skills and knowledge that all carers need to achieve and evidence in the first 12 months of their Fostering journey (18 months for Family and Friends Carers).

**It is a statutory requirement that these are completed as laid down in the Fostering Services Regulations.**

During the first 12 months all Foster Carers in the household (including your partner, if you have one) will have the opportunity to attend a number of courses which make up the core training offer. Each of these courses will provide evidence to assist in meeting the TSD's as well as providing specific knowledge and skills development in a variety of areas.

Mandatory training must be completed by all Carers in the household (including your partner). Mainstream carers must have completed these within the first 12 months of approval and connected carers within 18 months of approval. This can be completed face-face (where available), virtually via Zoom or MS Teams (where available) or as e-learning via the Foster Care Training Hub (see page **18** for Training Hub options)

If you have a support carer, i.e son, daughter, friend etc they will be expected to complete Safeguarding, Health & Safety and Paediatric First Aid e-learning through the Foster Care Training Hub.

# Our Expectations



All Carers in the household (including your partner, if you have one) will be expected to complete “core training” every 3 years. This can be completed face-face (where available), virtually via Zoom or MS Teams (where available) or via the Foster Care Training Hub (see page 18 for Training Hub options)

Following your first review, you will be required to attend a minimum of 3 “additional training” courses per year. These must be discussed and agreed with your supervising social worker.

On pages 65 & 66 you will find a core training log and a learning & development activity log to keep a record of your learning.

Reflective practice is of vital importance to all professionals, including Foster Carers and will ensure that the training you receive can be put into practice when working with young people. It will support you to develop and think about different ways of working as well as looking back on what you have done previously. The reflective log on page 64 will help you to think about your training in a critical way and develop your practice based on this.

On page 67 you will find a reflective learning log, this should be completed after each learning activity. Please use these during supervision to discuss what you have learnt and how it will improve outcomes for children & young people you care for.

Word versions of these forms are available, please contact [training\\_sct@sandwellchildrenstrust.org](mailto:training_sct@sandwellchildrenstrust.org) for copies.

# Our Expectations



We offer over 150 e-learning modules at both intermediate and advanced levels and access to Research in Practice to support self-directed learning (see page 50). Although some of this e-learning is optional, it will support your professional development and help you to improve outcomes for the children and young people in your care.

We are happy to offer some of these e-learning courses to family members within your household to support their personal development.

There are **30 e-learning modules aimed at children & young people age 8 upwards** (see page 53 these are available for both looked after children and birth children). These can be completed either by themselves or with the support of an adult.

During these unprecedented times it's important that you continue to update your skills and knowledge, we have a number of online training courses available via The Fostering Training Hub and Artemis. If you need support accessing online training please contact the Learning & Development team or your Supervising Social Worker.

Any face-face training will only occur once a risk assessment has been carried out by the training provider. This will ensure they can deliver the training in a Covid safe way, adhering to government guidelines and taking necessary precautions to ensure social distancing measure are adhered to and the necessary PPE is available (if applicable).

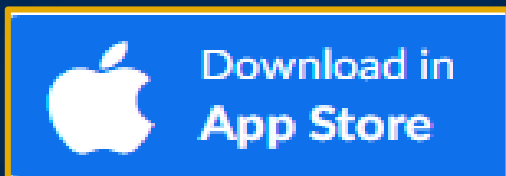
# Virtual Training



Virtual training will be delivered via  
Zoom or MS Teams



You can download both of these onto any device:  
Laptop, desk top, phone or tablet for free from  
Google Play Store or the App store:



A link to access the training will be e-mailed to you,  
usually the day before.

Please ensure you keep this safe, otherwise you may  
not be able to join.

Contact your Supervising Social Worker or  
Learning & Development if you require  
support with accessing MS Teams or Zoom

# Evening & Weekend Training



We understand that due to work and other commitments, sometimes it may be difficult to attend training during the day on weekdays. So to make our training more accessible to all, we are working closely with training providers to ensure core training is available (where possible) on an evening and weekend.

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Sandwell MBC's Quality Early & Childcare team provide training during evenings and weekends to childminders.

As a foster carer you are able to access this training. To find out what training is available please use the link below:

<https://bookwhen.com/sandwellearlyyears>

Please note there is a charge for this training which Sandwell Children's Trust will cover.

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Dates and times of all our training are subject to changes. Please ensure you receive confirmation from the L&D team confirming you have been booked onto a course and you have received the link to join or address of the venue to attend.

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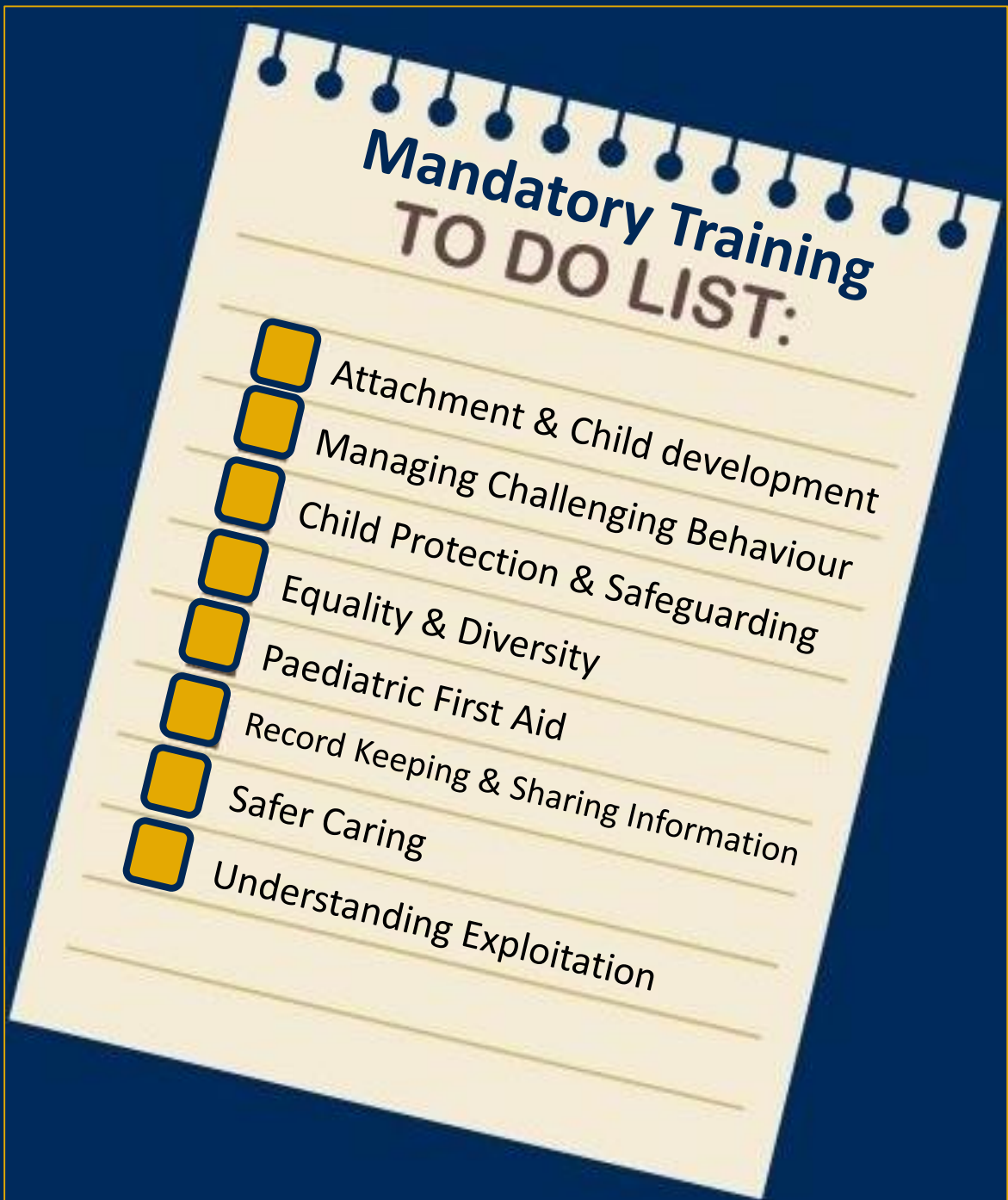
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# Core Training (Mandatory) 01



We have developed a core offer of what we consider to be essential learning for all carers. Mainstream carers must complete these within the first 12 months of their Fostering journey (18 months for Family and Friends Carers). All carers must complete Core Training every 3 years.



# Mandatory Training



## Attachment and child development

### Overview

Everyone who works with children and young people must have an understanding of attachment and child development in order to promote healthy development and understand the traumatic impact of abuse, separation and loss on a child or young person.

### Learning Outcomes

- Understand the attachment process
- Know how to promote positive attachment relationships
- Know about the impact of trauma, separation and loss on child development

#### Dates:

9<sup>th</sup> & 16<sup>th</sup> November

22<sup>nd</sup> February & 1<sup>st</sup> March

Times: 09:30-12:30

# Mandatory Training



## Challenging behaviour – KS3/Adolescents (Age 12+)

### Overview

It can be tremendously difficult for a young person to find a place in the world. This course provides tools for communicating with them, managing their behaviour and keeping them safe.

### Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Please ensure you attend the Managing Challenging Behaviour course relevant to the age of the children you are approved for, this might mean completing both courses or just one. You are of course able to attend both for your own personal & professional development.

#### Dates:

22<sup>nd</sup> November

7<sup>th</sup> February

4<sup>th</sup> April

23<sup>rd</sup> May

Times: 09:30-11:30

# Mandatory Training



## Challenging behaviour - Early Years/KS1/KS2 (Ages 4-11)

### Overview

It can be tremendously difficult for a young person to find a place in the world. This course provides tools for communicating with them, managing their behaviour and keeping them safe.

### Learning Outcomes

- Develop an understanding of the difficulties in the attachment process
- Understand behaviour is a form of communication
- Know strategies to support a range of challenging behaviours
- Consider strategies to help children understand and manage their emotions

Please ensure you attend the Managing Challenging Behaviour course relevant to the age of the children you are approved for, this might mean completing both courses or just one. You are of course able to attend both for your own personal & professional development.

#### Dates:

3<sup>rd</sup> November

13<sup>th</sup> January

4<sup>th</sup> March

25<sup>th</sup> April

Times: 09:30-11:30

# Mandatory Training



## Child Protection & Safeguarding Children

### Overview

Everyone who works with Children & Young People must know how to keep them safe. This course enables you to recognise the signs of abuse or neglect and know how to act and respond in potential safeguarding scenarios.

### Learning Outcomes

- Know about child protection issues, including definitions, indicators, legislation, guidance and processes
- Understand the importance of children's rights as reflected in legislation and key statutory and non statutory guidance
- Understand what is meant by child development in the context of safeguarding
- Understand the scale of abuse and the types and potential signs of child maltreatment within the context of normal child development
- Know how abuse and neglect can impact on children's development and how to recognise this
- Have a greater awareness of the potential risk factors which may increase the likelihood of abuse in children's lives
- Have a greater understanding of the additional vulnerabilities of looked-after children, children with SEND and children with disabilities

### Dates & Times:

25<sup>th</sup> January ~ 10:00-2:00

15<sup>th</sup> March ~ 6:00pm-9:00pm

# Mandatory Training



## Equality & Diversity

### Overview

This course is designed to help foster carers fully appreciate the varied backgrounds that young people originate from. It also covers the need to respect and promote each child and young person's unique personality, social circumstances, and cultural background, including aspects of discrimination.

### Learning outcomes

- To understand the meaning of equality and diversity
- To confidently discuss issues of inequality with children/young people and significant others
- To ensure that the needs, rights, and views of the child or young person are at the centre of all practice and provision
- To illustrate how individuality, difference, and diversity are valued and celebrated
- To reflect on the different types of prejudice and discrimination that can affect children and young people in care
- To outline why it is important to provide care which respects and preserves each child's protected characteristics as defined by the Equality Act 2010

### Dates & Times:

25<sup>th</sup> February ~ 10:00-2:00

19<sup>th</sup> March ~ 2:00pm-5:00pm

# Mandatory Training



## Paediatric first aid

### Overview

In order for Children & Young People to be safe in your care, it is essential that you know how to manage an infant/child in an emergency and with suspected injuries and/or illness safely and promptly.

### Learning Outcomes

- Understand the role and responsibilities of the paediatric first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid to an infant/child in a variety of different emergency situations

### Venue:

St Mary's Church,  
Bearwood Road & St Marys road, Bearwood, Smethwick  
B66 4BX.

Please note this may be subject to change, check your confirmation e-mail which will contain the venue details.

### Dates & Times:

14<sup>th</sup> 15<sup>th</sup> & 16<sup>th</sup> September 2021 ~ 10:00-2:30

19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup> October ~ 10:00-2:30

6<sup>th</sup> & 13<sup>th</sup> November ~ 09:00-3:30

15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> February ~ 10:00-2:30

5<sup>th</sup> & 12<sup>th</sup> February ~ 09:00-3:30

# Mandatory Training



## Record keeping and sharing information

### Overview

Everyone who works with Children & Young People must know how to keep and share information. In foster care this can involve unique challenges. This course enables you to understand the principles that underpin good record keeping, and how to apply rules of confidentiality within your own work

### Learning Outcomes

- Importance of foster carer records & reasons for recording information
- Clarity about roles in recording and what should be recorded
- Consider legal & other issues in receiving, giving and storing information
- Local and national guidance and best practice
- Reflect on own practice
- Know how to enable children and young people to participate in record keeping and keep memorabilia

### Dates & Times:

10<sup>th</sup> February ~ 10:00-2:00

26<sup>th</sup> March ~ 2:00pm-5:00pm



# Mandatory Training



## Safer Caring

### Overview

One of the most important responsibilities of a foster carer is to keep children and young people safe. At the same time, foster carers must keep themselves and their families safe from any harm that could arise through fostering.

### Learning Outcomes

- Identify how trauma impacts on the needs and behaviours of children and what they therefore need from foster care to feel safe
- Considered the various aspects of the foster carers role and responsibilities in relation to the provision of protective care, safeguarding and the importance of working in partnership
- Considered realistic and proportionate approaches to risk which enable children and young people to grow and learn.
- Understand the impact of stress trauma on both the foster child and the fostering household in relation to risk management
- Revisited the importance of recording and reporting significant events in the context of agency policy and best practice

### Dates:

11<sup>th</sup> November

5<sup>th</sup> February

Time: 10:00-2:00



## Understanding Exploitation

### Overview

Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. This course enables you to gain knowledge and awareness of the issues that surround this topic and the impact that organised abuse has on Children & Young People.

### Learning Outcomes

- Have a basic awareness of Child Sexual Exploitation, Criminal Exploitation including County Lines and Serious Youth Violence
  - Identify potential signs and indicators of exploitation
  - Understand vulnerabilities in children & young people
  - Introduction to models of grooming
  - Have an awareness of “missing”
  - Understand your responsibilities as a foster carer and your part in the multi-agency plan
  - Introduction to the Horizons team

### Dates:

14<sup>th</sup> October

18<sup>th</sup> November

15<sup>th</sup> December

14<sup>th</sup> January

8<sup>th</sup> February

10<sup>th</sup> March

Times: 10:00-12:00

# Mandatory training

## Online E-learning options



We recognise face-face training isn't always possible for everyone. To support all carers to access and complete core training we have identified the following courses on the Fostering Training Hub that can be completed as an alternative to face-face training.

(Please note we expect carers to complete face-face/virtual training where possible, please discuss these options with your SSW during supervision)

| Core Training   | The Fostering Training Hub online options  |
|---|--|
| Equality & Diversity                                    | ➤ Equality, Diversity & Cultural Competence  |
| Managing Challenging Behaviour KS3/adolescents          | ➤ Managing challenging behaviour advanced  |
| Managing Challenging Behaviour early years KS1/KS 2     | ➤ Managing challenging behaviour advanced  |
| Child Protection & Safeguarding Children & Young People | ➤ Safeguarding Children advanced   |
| Attachment & child development                          | ➤ Attachment & Child Development   |
| Paediatric first aid                                    | ➤ First Aid Paediatric<br>(This online training is an introduction only. All carers must attend face-face First Aid training ) |
| Safer Caring  | ➤ Risk management & safer caring   |
| Recording & Reporting                                   | ➤ Recording & Reporting Advanced   |
| Understanding Exploitation                              | ➤ Child Sexual Exploitation Foundation and Gangs and County Lines (you will be expected to complete both courses)              |

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact: [Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



# Training Support & Development Standards (TSD's) for Mainstream and Connected Carers

Following approval from Fostering Panel, Foster Carers are expected to complete the Training, Support and Development Standards (TSD's). These are set out by the Department for Education and show the areas of skills and knowledge that all carers need to achieve and evidence in the first 12 months of their Fostering journey (18 months for Family and Friends Carers).

It is a statutory requirement that these are completed as laid down in the Fostering Services Regulations.

We are providing a drop in session each month for both Mainstream and Connected carers (attendance is optional not mandatory). These will be held virtually on MS Teams. You will have the opportunity to speak to one of the Supervising Social Workers and ask any questions and get some guidance relating to your TSD's.

## Mainstream Carers

### Dates:

26<sup>th</sup> October  
24<sup>th</sup> November  
19<sup>th</sup> January  
15<sup>th</sup> February  
16<sup>th</sup> March

Times: 10:00-11:30

## Connected Carers

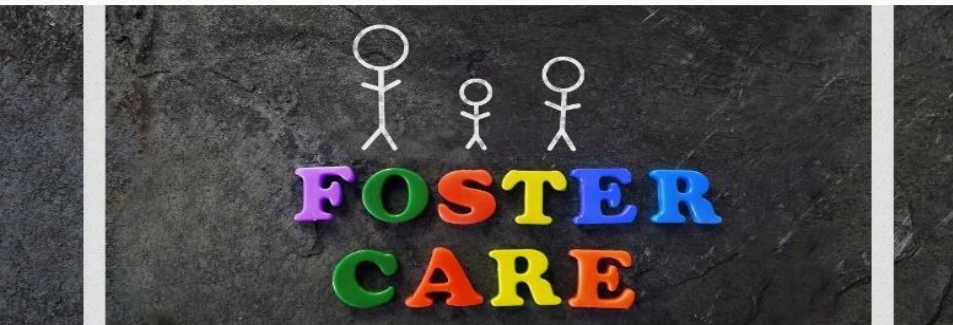
### Dates:

27<sup>th</sup> October  
23<sup>rd</sup> November  
20<sup>th</sup> January  
16<sup>th</sup> February  
17<sup>th</sup> March

Times: 10:00-11:30

# Caring for Looked After Children 02

Every child that is placed in foster care will have been subjected to some form of neglect, trauma or possibly abuse and may be suffering from some form of attachment disorder which can be challenging to address. These courses will give you the vital skills to ensure that every child feels safe, looked after and cared for so they are able to heal and develop.





## Attachment and trauma

### Overview

Children most need to be loved when they seem unlovable  
Parents/carers need to be at their best when their children are at their worst.

### Learning Outcomes

- To provide a fundamental awareness of attachment
- To provide an understanding of the effects of trauma on attachment
- To provide an awareness of approaches that can be taken to help construct new narratives
- To introduce a “mindful” approach to parenting/caring
- To develop your ability as a therapeutic parent
- To ensure you also take care of yourself!

**Dates: 12<sup>th</sup> January**

**Times: 09:30-11:30**



## Contact and birth families



### Overview

Contact between looked after children and young people and their families can be particularly challenging. This course enables you to develop knowledge and skills to play your part in promoting positive contact with confidence.

### Learning Outcomes

- To examine the aims of contact for looked-after children
- To explore how carers can develop skills in relation to contact
- To provide a safe place to discuss experiences in order to problem solve and support others
- To enable carers to build effective strategies for dealing with contact difficulties
- To address contact within an anti-discriminatory framework

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



## Exploitation



### Overview

Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. The Fostering Training Hub offer a wide variety of e-learning modules that will support your understanding of what Exploitation is and how you can support children in your care.

Module 1 – CSE – The myths, the headlines and the misconceptions

Module 2 – Engaging and building rapport with children affected by CSE

Module 3 – Exploring the experience of being groomed in sexual exploitation and abuse

Module 4 – Responding to hypersexualisation and objectification of children

Module 5 – Supporting boys and young men affected by CSE and abuse

Module 6 – Supporting children through the criminal justice system after CSE

Module 7 – Understanding and responding to children who show harmful sexual behaviour

Module 8 – Understanding risk and vulnerability in CSE

Module 9 - Understanding challenging and deconstructing victim blaming and self-blame

Module 10 – Using the National Referral Mechanism with children affected by CSE

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)





## Exploitation cont'd



The Training Hub

### Overview

Exploitation is one of the fastest growing crimes in the world. Many children who are exploited may have experienced sexual abuse as part of being controlled or because they are vulnerable. The Fostering Training Hub offer a wide variety of e-learning modules that will help you to gain knowledge and awareness of the issues that surround this topic and the impact that organised abuse has on Children & Young People.

Module 1 – Criminal exploitation and county lines

Module 2 – Gangs and county lines

Module 3 – Human trafficking and modern slavery

Module 4 – Radicalisation and extremism



**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



## Learning Together



The Training Hub

### The Fostering Training Hub

The Training Hub have developed 4 modules to support you during these unprecedented times.

These courses have been designed to support parents, carers, and others who are home-schooling children temporarily. The course covers the basics of learning at each stage in terms of all areas of development and provides a wealth of resources and ideas to support home-schooling



1. Learning together – Early years and infants (key stage 1)
2. Learning together – Junior (key stage 2)
3. Learning together – Lower secondary (key stage 3)
4. Learning together – Upper secondary (key stage 4 & 5)

To access these courses click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



## Mental Health Awareness

### Overview

Most children grow up mentally healthy, but these days it has become more common for children and young people to have problems with their mental health - especially for those who are in care. These courses will help create an awareness of mental health and how we can help children and young people who have mental health problems.

Module 1 – The prevalence of mental health problems in children & young people (CYP)

Module 2 – Common mental health problems in CYP

Module 3 – Less common mental health problems in CYP

Module 4 - Vulnerable groups of CYP

Module 5 – Child and adolescent mental health services

Module 6 – Risk and protective factors in the development of mental health problems in CYP

Module 7 – The effects of social media on the mental health of CYP

Module 8 – Assessment & treatment of childhood mental health problems

Module 9 - The role of education in supporting CYP

Module 10 – Peer mentoring and school based counselling

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



## Life Story Work



### Overview

The overall goal of Life Story Work is to help children and young people (CYP) to piece together a complete narrative of their lives. This includes their life history and information about relatives, friends, carers, places lived and key life events as well as personal achievements. Life Story Work may also help CYP to plan for their future as a result of understanding their past and the effect that it has had on them.

### Learning Outcomes

- Understand the definition of, and theory supporting Life Story Work
- Understand the potential benefits of Life Story Work
- Know how to use a range of approaches to Life Story Work
- Understand your role as a carer in supporting life story work

**Dates: 1<sup>st</sup> March**

**Times: 10:00 – 1:00**



## Mind of My Own



### Overview

Mind Of My Own is a one-way communication app, accessible on Android and Apple devices. Children & Young People can create a statement expressing their wishes and feelings quickly and easily 24/7.

### Learning Outcomes

- Learn how to download and use the Mind of My Own APP
- Understand the benefits of using the App
- Know how to introduce the App to children & young people
- Know where to get support with the app

Please e-mail the Participation Team to book your place:

[participation\\_team@sandwellchildrenstrust.org](mailto:participation_team@sandwellchildrenstrust.org)



## Moving onto Adoption/Permanency

### Overview

Moving a child into a new family is a life-altering event for the child, it can also be an emotional time for you as a carer. This course will help you to support the child transition smoothly through the process supporting a successful adoption/ permanency.

**There are two courses available on the Fostering Training Hub:**

- Adoption and Fostering
- Adoption and permanence

**To access these courses click:**

<https://www.thefostercaretraininghub.co.uk/>

**If you haven't got an account please contact:**

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



**The Training Hub**



## Workshop to Raise the Awareness of Prevent (WRAP)

### Overview

WRAP is designed make you aware about your contribution in preventing vulnerable people being exploited for extremist or terrorist purposes. This workshop improves the understanding of the processes used by those who radicalise individuals and ensures that you know whom to contact within the Trust to discuss any concerns.

### Learning Outcomes

- An understanding of the Prevent agenda and your role within it.
- The ability to use your existing expertise and professional judgement to recognise potentially vulnerable individuals and know when an intervention may be necessary to support them.
- Knowledge of when, how and where to refer concerns about vulnerable individuals.

### Dates:

13<sup>th</sup> October

17<sup>th</sup> November

15<sup>th</sup> December

26<sup>th</sup> January

17<sup>th</sup> February

16<sup>th</sup> March

Times: 10:00-11:00



## Internet Safety Keeping Young People safe online

### Overview

The internet is an ever increasing and developing part of young peoples lives and the internet is rapidly becoming an essential tool for learning, communication, self- expression and the forming of personal identity and peer groups. It is therefore necessary for carers to understand the risks and responsibilities of using the internet.

### Learning Outcomes

- To identify technologies used online
- To identify specific issues children will face with the use of the internet
- To understand how young people can use the internet to access inappropriate and unsuitable websites
- To identify children's behaviour that exposes them to greater risks online
- To understand the potential effects that this may have on their development and behaviour
- To understand how paedophiles use the internet to reach young people
- To identify the principles of online privacy and understand how this can be managed through social media and other online activities

To access these courses click:

<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:

[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)





# Caring for looked after children



## Seeing the REAL World through your child's eyes

Virtual training for all Foster Carers who have children aged 2 years to 8 years, (you will receive everything you need for the training 72 hours beforehand).

Lots of **fun**, practical 'hands on' approach through online learning with two amazing people to navigate you every step of the way!

We are going to experience bringing different literacy strands to life:

- Oral language (things to talk and sing about).
- Environmental Print (signs, logos and things we notice out and about).
- Writing for a Purpose (making marks and writing indoors and outdoors)
- Books and things to read (story language and book talk)

### Round 1

Session 1: 22<sup>nd</sup> September 2021

Session 2: 29<sup>th</sup> September 2021

### Round 2

Session 1: 10<sup>th</sup> November 2021

Session 2: 17<sup>th</sup> November 2021

### Round 3

Session 1: 26<sup>th</sup> January 2022

Session 2: 2<sup>nd</sup> February 2022

### Round 4

Session 1: 30<sup>th</sup> March 2022

Session 2: 6<sup>th</sup> April 2022

### Round 5

Session 1: 22<sup>nd</sup> June 2022

Session 2: 29<sup>th</sup> June 2022

Please note: You can attend any "Round" but you must attend sessions 1 & 2



All workshops will take place  
between ~ 9.45-11:00

# Caring for looked after children



## Tots Talking



Quality Early Years & Childcare Team

**Tots Talking is a new pilot project with ICAN  
8 weeks x 1 hour workshops (on line training with practical fun  
ideas and resources!)**

### What is it about?

Tots Talking is a programme developed by parents/carers for parents/carers to support them to improve the language of their 2-year-old children, at risk of delayed language. It does this by encouraging parents/carers to use contingent language and behaviours to support children's language and communication skills.

The sessions are supported by the Tots Talking App which parents/carers can use on their phone.

The App gives information to help parents/carers learn and encourage them to practice what they have learned with their child at home.

### Round 1

Session 1: 20<sup>th</sup> January 2022  
Session 2: 27<sup>th</sup> January 2022  
Session 3: 3<sup>rd</sup> February 2022  
Session 4: 10<sup>th</sup> February 2022  
Session 5: 17<sup>th</sup> February 2022  
Session 6: 3<sup>rd</sup> March 2022  
Session 7: 10<sup>th</sup> March 2022  
Session 8: 17<sup>th</sup> March 2022

### Round 2

Session 1: 12<sup>th</sup> May 2022  
Session 2: 19<sup>th</sup> May 2022  
Session 3: 26<sup>th</sup> May 2022  
Session 4: 9<sup>th</sup> June 2022  
Session 5: 16<sup>th</sup> June 2022  
Session 6: 23<sup>rd</sup> June 2022  
Session 7: 30<sup>th</sup> June 2022  
Session 8: 7<sup>th</sup> July 2022

*Please note: You can attend any "Round" but you must attend ALL 8 sessions*

**All workshops will take place between ~ 9.45-11:00**

# Caring for looked after children



## Chat, Play, Read



Quality Early Years & Childcare Team

### What is the Chat, Play, Read all about?

These sessions are going to offer you a fantastic range of fun, exciting and different types of activities to support children's speech, language and communication development.

The activities are going to incorporate 3 simple steps:

**Chat:** encourage talking but especially 2-way conversation. Taking turns in conversation. Just like, "Your turn, My turn."

**Play:** your child's language will blossom when they interact with you and explore in a playful and creative manner.

**Read:** sharing books, singing nursery rhymes, parents and children talking together....about anything, any time, any place, anywhere.

*Please note: You can attend any "Round" but you must attend session 1 & 2*

### Round 1

**Session 1: 29<sup>th</sup> November 2021**

**Session 2: 6<sup>th</sup> December 2021**

### Round 2

**Session 1: 7<sup>th</sup> February 2021**

**Session 2: 14<sup>th</sup> February 2021**

All workshops will take place  
between ~ 9.45-11:00



## **Total Respect: Children's rights and participation**

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

### **Overview**

This module will provide you with a thorough understanding of children's rights, including the right to participation.

### **Learning Outcomes**

- Identify ways to provide more opportunities for Children & Young People to participate in day-day decision making
- Identify the barriers that prevent Children & Young People making decisions
- Understand why it's important to promote participation
- Understand how Children & Young People feel when they experience being treated unfairly

**Date: 31<sup>st</sup> March**

**Times: 10:00-2:00**



## **Total Respect: Communicating with children and young people**

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

### **Overview**

In this module, you will explore assumptions made about Children & Young People, the importance of listening to young people, and the experience of being a child in care.

### **Learning Outcomes**

- Explore the experiences and feelings of Children & Young People when faced with change
- Recognise the importance of clearly listening to Children & Young People
- Consider the thoughts and feelings behind the presenting behaviour of a Child or Young Person
- Recognise the importance of having personal information about the Children & Young

**Dates: 9<sup>th</sup> February**

**Times: 10:00-2:00**



## **Total Respect: Promoting independent living skills**

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child. The next 3 modules form part of this training.

### **Overview**

In this module will focus on how you can support Children & Young People to move from care to independence through support and promoting independent living skills.

### **Learning Outcomes**

- Explore different approaches to ensure care leavers have the same opportunities as other young people when transitioning from care to independence

**Date: 8<sup>th</sup> March**

**Times: 10:00-2:00**



## The importance of play for Children who have experienced separation, loss and trauma

### Overview

The course will involve a range of practical activities as well as theory that will equip you to support children in your care through play

### Learning Outcomes

- Barriers to play: separation, loss and trauma
- Why children need to play: play in the developmental process
- How we can support children through play
- To develop an understanding of the importance of play in the lives of children
- To develop an approach to support children through play

**Date: 2<sup>nd</sup> February**

**Time: 10:00-2:00**

# Caring for looked after children



## Understanding and Managing Autism Spectrum Disorder (ASD)

### Overview

Approximately 1 in 100 children are on the Autistic Spectrum. Each child will have specific support needs to assist in their social, emotional and educational development. This course enables you to gain knowledge and skills that will prepare you for a role supporting a child on the Autistic Spectrum or with Asperger's Syndrome.

### ASD Awareness

**Date: 8<sup>th</sup> December**

### Learning Outcomes

**Time: 09:30-11:30**

- What is autism?
- Overview of the areas of need across the spectrum
- General strategies
- Golden rules

*Please only attend the Advanced training once you have completed the Autism Awareness training or if you already have a good understanding of what Autism is.*

### ASD Advanced

**Date: 27<sup>th</sup> April**

**Time: 09:30-11:30**

This session will be facilitated by one of the Educational Psychologists from Sandwell MBC Inclusion Services. You will have the opportunity to ask questions specific to your circumstances and child's needs as well as being given more in depth information/guidance/strategies in relation to ASD.



# Caring for looked after children



## Speech & Language

Two thirds of Children in Care experience speech, language and communication difficulties that are often undiagnosed and can be associated with a range of negative life outcomes involving behaviour, mental health and employment. These sessions will provide you with information on how to support Speech, Language and Communication development for children in your care.

### Speech & Language (0-5 years old)

- Improve and support parents and carers knowledge about Speech language and communication (SLC) development.
- Provide SLC signposting information to parents and carers.
- Provide information to parents and carers on 'where to go for additional help' and 'who to contact'.
- Parents/ carers are able to identify a SLC need early on in a child's life and are able to access the correct support in a timely manner.
- More children in Sandwell enter school being 'school ready'.
- Closing the word gap and improving life chances of children across Sandwell

### Speech & Language (Secondary aged children)

This training will cover what these difficulties look like in adolescence, how to identify them and practical things carers and other professionals can do to support young people.

**Date: 1<sup>st</sup> November**

**Time: 10:00-11:00**

Further dates will be added throughout the year for both courses. Look out for new dates in the L&D Info Burst

# Safeguarding 03



Everyone in the children's workforce must be able to meet national and local standards in working with children and young people and their families. These safeguarding courses raise awareness of key issues surrounding the need to identify abuse, protect children and young people and support those who care for them.



# Sandwell Children's Safeguarding Partnership



Safeguarding multi-agency training is run by  
**Sandwell's Children's Safeguarding Partnership** and can be  
booked via their website;

## E-learning modules available:

- Learning from serious case reviews
- Person in a position of trust
- Core working together (refresher)
- Child Sexual Exploitation awareness
- County Lines Awareness
- Gangs awareness
- Knife crime
- Neglect awareness
- Understanding hate crime



Sandwell Children's  
**Safeguarding**  
Partnership

To access an **eLearning** course either register your details at

<https://training.sandwellscb.org.uk/register>

or log in to your account at

<https://training.sandwellscb.org.uk/login>

# Sandwell Children's Safeguarding Partnership



## Trusted Adult Training Supporting young people's well-being & mental health

### Overview

Public Health and Inclusion Support have developed a suite of training for the children's workforce that develops their skills as trusted adults to the children and young people of Sandwell. System wide Trusted Adult support will provide a layer of universal well-being support, with the aim of positively impacting on the well-being of a large number of young people who live in Sandwell, all of whom are experiencing the impact of the Covid-19 outbreak.

The Trusted Adult Training is grounded in psychological theory that is based on humanistic principles and which views mental health from a salutogenic perspective. This perspective of mental health foregrounds the importance of mental health promotion, and has a strong focus on factors that can support well-being. Research in this area highlights the role that Trusted Adults can play in supporting the emotional well-being of children through the actions they take and the support that they can provide as part of a young person's systemic support network.

To book a place on this course, please click:  
<https://training.sandwellsccb.org.uk/events-list?c=28>

# Sandwell Children's Safeguarding Partnership



## Childhood Regained: Safeguarding in a digital world

The main aim of the session(s) is for practitioners to **go away thinking about how they can support keeping children safe in a digital world**. Be confident that **they have the relevant knowledge and understanding required** to keep children safe whilst helping to support parents/carers to do the same.

### Learning Outcomes

- Consider the issues that are currently faced in the lockdown period. Do we need to change how we are supporting children and young people
- Learn how to support young people to be alert to the dangers
- To be able to raise awareness with parents
- Able to understand the unique risks associated with online safety
- To promote the responsible use of technology

To book a place on this course, please click:

<https://training.sandwellscb.org.uk/events-list?c=28>



# Sandwell Children's Safeguarding Partnership

## Core Working Together Level 3 - Virtual

### Overview

As carer it's important that you know how to work together with other agencies to safeguard CYP in your care and to ensure that you are aware of information sharing and referral processes.

### Learning Outcomes

- Be aware of their roles and responsibilities for safeguarding children and young people
- Be aware of other interagency roles and responsibilities for safeguarding and promoting the welfare of children
- Understand and contribute towards the processes outlined in '*What to do if you're worried a child is being abused*' i.e. Understand how to make a referral and the possible outcome of this referral
- Consider key area of safeguarding practice including information sharing; consent and confidentiality; escalation
- Consider how to demonstrate professional curiosity and a questioning stance in practice with children and families

**To book a place on this course, please click:**  
<https://training.sandwellscb.org.uk/events-list?c=28>

# Sandwell Children's Safeguarding Partnership



## Signs of Safety

### Overview

Signs of Safety is an innovative, strengths-based approach to working with children and families. This approach is grounded in partnership and collaboration and uses a range of interactive techniques to address risks and concerns while acknowledging strengths which leads to better engagement.

### Learning Outcomes

- To feel confident in recognising and contributing to the Signs of Safety process
- To feel confident in using Signs of Safety in meetings, recording, reporting, and direct work with families
- To be able to understand 'mapping' and its purpose
- To create danger statements, safety goals and scaling questions
- A demonstration of safety planning in brief
- Using the 'Words & Pictures Explanations' and involving Children with 'The Three Houses'

**To book a place on this course, please click:**  
<https://training.sandwellscb.org.uk/events-list?c=28>

# Sandwell Children's Safeguarding Partnership



## Modern Day Slavery - Awareness

### Learning Outcomes

- Define elements of Modern Slavery & Human Trafficking (MHST)
- Explain the scale & scope of Modern Slavery & Human Trafficking (MHST)
- Recognise similarities between Local & National Local Modus Operandi
- Give examples of MSHT indicators
- Explain how to raise concerns if a victim is identified



**To book a place on this course,  
please click:**

[https://training.sandwellscb.org.uk/  
events-list?c=28](https://training.sandwellscb.org.uk/events-list?c=28)



# Sandwell Children's Safeguarding Partnership



## Learning from Safeguarding reviews

### Learning Outcomes

- Understand what Child Safeguarding Practice Reviews (CSPR), Domestic Homicide Reviews (DHR) and Serious Adult Review (SAR) are
- Learn how and why these reviews are completed
- To learn about regional and national cases and specific cases that have changed practice
- To learn from local reviews
- To understand and utilise the learning from local cases to develop practice
- To recognise the importance of multi agency working
- To share how you have implemented learning from review

**To book a place on this course, please click:**

<https://training.sandwellscb.org.uk/events-list?c=28>

# Self-Directed Learning 04



To develop a secure sense of identity, children need to grow up in an environment where they feel loved and secure. There needs to be a sufficient range of carers who have the skills or potential to care for different groups of looked-after children and young people. Self-directed learning is the learning and development you engage in outside of formal face-to-face/virtual training. Engaging in other forms of training will support you to provide physical placement stability, stability of relationships, educational stability and continuity of contact with family, relatives and friends.



# Self-Directed Learning



To support self-directed learning you will be given access to Research in Practice. This is a website that aims to bridge the gaps between research, practice and service users' lived experiences. All Sandwell Children's Trust staff have access to this resource too.

By providing a range of evidence-informed resources and learning opportunities based on academic research, practice expertise and evidence from service users they aim to improve practice and ultimately outcomes for children and families.

To create a **free** account please follow these simple steps:

1. Create an account by clicking on this link:  
<https://www.rip.org.uk/login/create-account/>
2. E-mail [training\\_sct@sandwellchildrenstrust.org](mailto:training_sct@sandwellchildrenstrust.org) to notify them you have created an account
3. You will receive an e-mail to say your account has been activated
4. Log on and utilise the resources to support your role as a carer

research  
in practice

# Self-Directed Learning



We have teamed up with **The Social Care Training Hub** to bring you over **150 on line training courses** at intermediate and advanced levels.

**If you would like to access any of these courses please follow the steps below:**

**If you haven't got an account** please e-mail: [training\\_sct@sandwellchildrenstrust.org](mailto:training_sct@sandwellchildrenstrust.org) and we will create one for you.

**Please don't create an account for yourself as you may get charged to access the training.**

**If you already have an account:**

- 1) Click on this link [www.thefostercaretraininghub.co.uk](http://www.thefostercaretraininghub.co.uk)
- 2) Identify a course that will support your development
- 3) Look at the learning outcomes for that course and decide if it is right for you
- 4) If there is an option for either an intermediate or advanced level ensure you choose the right level for you
- 5) Discuss with your supervising social worker the benefits of this course and how it will help improve outcomes for the children and young people in your care
- 6) If agreed contact [training\\_sct@sandwellchildrenstrust.org](mailto:training_sct@sandwellchildrenstrust.org) with your request, you will then receive an e-mail with instructions on how to access the course you have chosen.



**The Training Hub**

# Self-Directed Learning



**The Social Care Training Hub** offers a number of e-learning modules for children & young people (age 10 and upwards) these can be completed either on their own or alongside an adult. (these are available for both looked after children and birth children).

- Healthy relationships
- Mental Health in young people
- Leaving care – expectations and support
- LGBT Youth - Be in the know
- Managing anger, emotions, and getting relevant support
- My rights as a care leaver
- Radicalisation
- Safer Caring and Risk Management
- Self-Harm
- Self-esteem building in CYP
- Sexualised behaviour
- Why is my sexual health important?
- Understanding labels
- Understanding my rights as a Looked After Child
- What to do when I feel stressed
- What to do when I turn 18
- Who am I? – Personal identity
- Who is Who?
- Why carers get worried when I go missing
- Social networking and internet safety

- Attachments
- Becoming independent for 16-year-olds and young people
- Birth families and social media
- Celebrating difference
- Complaints -What I need to know
- Court appearances & what to expect
- Cyberbullying
- All about sexual abuse and exploitation
- Drugs, alcohol & psychoactive substances
- Eating disorders
- Education - rights and entitlements
- Fire safety
- Food safety
- Future focus - Where am I going?
- Gangs and group offenders
- Getting the most out of education
- Health, nutrition and well-being
- Anti-Bullying



**The Training Hub**



# Sandwell Adult Family Learning

**SAFL** are the people's choice for post 19 adult and community learning in Sandwell. They provide a rich and varied range of learning activities at over thirty venues in 6 different towns.

For further information please use this link: [www.learnsafl.ac.uk](http://www.learnsafl.ac.uk)

SAFL are currently offering face-face and online courses, please see below for some of the courses on offer:

- Level 1 Essential Digital Skills
- Level 1 Health & Social Care
- On-line ICT Digital Skills
- E-Safety for Parents
- Introduction to English
- Conversation Skills
- Progression in English
- Functional Skills English
- Everyday Maths
- Functional Skills Maths
- First Aid
- Safeguarding
- Business Admin
- Information, Advice & Guidance Level 2

## **Please note:**

Most of the courses are free. There may be some charges attached to some courses, which may be chargeable to you unless they are considered to be part of your "core" training.

e:g First Aid,  
Safeguarding.

# Long Distance Learning



## Walsall College - Level 2 Qualifications

These level 2 courses are free providing the course is completed within the timeframe given.  
(You will be charged if not completed in the timeframe)

- 
- Level 2 Understanding Adverse Childhood Experiences
  - Level 2 Understanding Common Childhood Illnesses
  - Level 2 Children & Young People's Mental Health
  - Level 2 Equality & Diversity
  - Level 2 Understand Specific Learning Difficulties
  - Level 2 Understand Autism
  - Level 2 Understanding Behaviour the Challenges
  - Level 2 Counselling Skills

### Please note:

1. You must be aged 19 or over (if aged 16-18 you must be in full time education excluding Apprenticeships)
2. You must be a resident in England
3. If aged 19 – 23 you must have an existing Level 2 Qualification/GCSE's
4. If you are in receipt of any form of benefit, evidence of this dated within the last 6 months must be provided

# Long Distance Learning



## Walsall College - Level 2 Qualifications cont'd

The courses vary in the length of time, however are usually either for 4, 8, 12 or 16 weeks. The majority of courses can be studied online or paper-based. The courses are broken down into units/workbooks and you will be expected to submit specific work by certain due dates given at the start of the course.

The majority of the distance learning courses are question and answer based apart from the level 2 counselling course which requires a recorded video to answer one question.

The level 2 courses are free providing the course is completed within the timeframe given. **You will be charged if not completed in the timeframe.**

If you choose to study a course online, you will be set-up on the online course platform Equal. Here you would find digital resources to help assist with answering the questions in your own words. All question answers would be typed up and submitted straight to the college.

Those who choose to study paper-based will have the course pack posted out containing the workbooks in which you would write your answers a prepaid envelope is supplied to return each workbook to the college in by the due date given.

If you are interested in applying for one of these level 2 qualifications, use the link below:

<https://www.walsallcollege.ac.uk/modes-of-study/distance-learning/>

Alternatively e-mail and request an enrolment pack:

[teamdistancelearning@walsallcollege.ac.uk](mailto:teamdistancelearning@walsallcollege.ac.uk)

Telephone to request an enrolment pack:

01922688507 / 01922683561 / 01922688466



# IT Training & Online Learning 05



# IT Training



## Digital Taster Course for Foster Carers

You will learn how to use Microsoft Teams for meetings and to keep in touch with friends and family, how to sending emails with attachments and how to research and find information on the Internet

Day 1 - 10<sup>th</sup> January 2022

Day 2 – 17<sup>th</sup> January 2022

Day 3 – 24<sup>th</sup> January 2022

Day 4 – 31<sup>st</sup> January 2022

Day 5 – 7<sup>th</sup> February 2022

Times: 10:00-12:00 on all dates.

Venue: Ron Davies Centre, Ballot St,  
Smethwick, B66 3HH

Please note you must attend all 5 dates

# Artemis E-learning

## Artemis e-learning

Artemis online training provides flexible learning that is convenient to you. There are 6 modules (see below) which will take you approximately 1-2 hours per module.

**You can book on this training at any time by contacting:**

**artemis\_adviceline@sandwell.gov.uk**

or by calling

**Jenny Tarrant on 0121 569 8257**

**To log into your account please click here:**

**<https://www.zoomlms.co.uk/>**

- 1. Children's workforce induction**
- 2. Child protection level 1**
- 3. Understanding child attachment**
- 4. Working with parents**
- 5. Working with children & young people (CYP) with disabilities**
- 6. A Signs of Safety approach to working with families**

# ICT Training

## Microsoft 365



This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

### Microsoft Excel

- Quick start
- Intro to Excel
- Rows & columns
- Cells
- Formatting
- Formulas & functions
- Tables
- Charts
- Pivot Tables
- Share & co-author

Click [here](#) for the Microsoft on-line training tool for Excel

### Microsoft Outlook

- Quick start
- Set up and customise
- Create & send email
- Manage email
- Organise your inbox
- Contacts and tasks
- Calendar

Click [here](#) for the Microsoft on-line training tool for Outlook



# ICT Training

## Microsoft 365

This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

### Microsoft PowerPoint

- Quick start
- Intro to PowerPoint
- Slides and layouts
- Text & tables
- Pictures & graphics
- Present slideshows
- Animation, video & audio
- Share & co-author

Click [here](#) for the Microsoft on-line training tool for PowerPoint

### Microsoft Word

- Quick start
- Welcome to Word
- Write and edit
- Format text
- Lay out pages
- Insert tables, pictures, and watermarks
- Save and print
- Share and co-author
- Improve accessibility and ease of use

Click [here](#) for the Microsoft on-line training tool for Word

# ICT Training

## Microsoft 365



This training is free, easy to follow, online training, by Microsoft. It offers all Office 365 training, cheat sheets, infographics, videos and tips, through their Training Centre.

Click [here](#) to access the website, and take virtual tours of each module and read or alternatively click the link under each package.

### Microsoft Publisher

- Create a publication
- Layout content for a print or online publication in a variety of pre-designed templates
- Create simple items like greeting cards and labels
- Create complex projects like catalogues and professional newsletters

Click [here](#) for the Microsoft on-line training tool for Publisher

### Microsoft OneNote

- Get started
- Take notes
- Format notes
- Draw and sketch
- Stay organised
- Share & sync
- OneNote on mobile devices

Click [here](#) for the Microsoft on-line training tool for OneNote

# Training Support & Development Standards (TSD's)



The Fostering Training Hub have a range of e-learning modules to support **Mainstream carers** to complete their Training Support and Development Standards workbook. Please note these are here to support you, you are still required to complete your workbook.

| Training Support Development Standards  | The Fostering Training Hub online options               |
|---|---|
| <b>Standard 1 -Understand the principles and values essential for fostering children and young people</b> | ➤ Standard 1: Principles in fostering                   |
| <b>Standard 2- Understand your role as a foster carer</b>   | ➤ Standard 2: Your role as a foster carer               |
| <b>Standard 3: Understand health and safety, and health care</b>  | ➤ Standard 3: Positive communication fostering          |
| <b>Standard 4: Know how to communicate effectively</b>  | ➤ Standard 4: Positive communication fostering          |
| <b>Standard 5: Understanding the development of children and young people</b>                             | ➤ Standard 5: Understanding child development fostering |
| <b>Standard 6: Keep children and young people safe from harm</b>  | ➤ Protecting children fostering                         |
| <b>Standard 7: Develop yourself</b>   | ➤ Develop yourself fostering                            |

To access these courses click:  
<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:  
[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)



# Training Support & Development Standards (TSD's) for Connected Carers

The Fostering Training Hub have a range of e-learning modules to support **Connected carers** to complete their Training Support and Development Standards workbook. Please note these are here to support you, you are still required to complete your workbook.

## TSD Introduction

This course is an introduction to the Training and Development Standards for family and friends foster carers. The course will cover what the six Standards are and will look at the workbook.

- To understand the purpose of the Training and Development Standards
- To know the Training, Support and Development Standards for family and friends foster carers
- To know what the workbook is
- To understand how to use the workbook
- To understand the principles and values statement



# Training Support & Development Standards (TSD's) for Connected Carers



| <b>Training Support Development Standards</b>                              | <b>The Fostering Training Hub online options</b>                        |
|--|---|
| <b>Standard 1 - Understand your role as a family and friends carer</b>     | ➤ Standard 1: Understand your role as a family and friends foster carer |
| <b>Standard 2- Know how to provide a safe environment and healthy care</b> | ➤ Standard 2: Health and safety and healthy care                        |
| <b>Standard 3: Know how to communicate effectively</b>                     | ➤ Standard 3: Know How to Communicate Effectively                       |
| <b>Standard 4: Understand the development of children and young people</b> | ➤ Standard 4: Understand the development of children and young people   |
| <b>Standard 5: Keep children &amp; young people safe from harm</b>         | ➤ Standard 5: Keep children and young people safe from harm             |
| <b>Standard 6: Develop yourself</b>  | ➤ Develop Yourself  |

To access these courses click:  
<https://www.thefostercaretraininghub.co.uk/>

If you haven't got an account please contact:  
[Training\\_SCT@sandwellchildrenstrust.org](mailto:Training_SCT@sandwellchildrenstrust.org)

# Useful Information 06

## Training locations and parking

### **St Mary's Church,**

Bearwood Road & St Marys road, Bearwood, Smethwick, B66 4BX (free parking)

**Coneygre Arts Centre,** Sedgeley Road East, Tipton, DY4 8UH (Free parking)

**Connor Road Education Centre,** Connor Road, West Bromwich, West Midlands, B71 3DJ (Parking restrictions on Connor Road) (Free parking available on Charlemont Bowling Club, 46 Charlemont Road, West Bromwich B71 3DU)

**Metsec Building,** Broadwell Road, Oldbury, West Midlands, B69 4HE

**Capehill Childrens Centre,** Corbett Street, Smethwick, B66 3PX (Free parking)

**Ron Davies Centre,** Ballot St, Smethwick, B66 3HH



Parking in and around West Bromwich can cost up to £4 per day. This can be claimed back along with your car mileage/bus/train fare. Please keep any receipts or parking tickets and give them to your Supervising Social Worker

# Core Training Log



Name: \_\_\_\_\_

| Course Title                                    | Date Completed/<br>Attended | Refresher Due<br>Month/Year |
|---|-----------------------------|-----------------------------|
| Equality & Diversity                            |                             |                             |
| Attachment & Child<br>Development               |                             |                             |
| Paediatric First Aid                            |                             |                             |
| Recording & Reporting                           |                             |                             |
| Child Protection &<br>Safeguarding Children     |                             |                             |
| Safer Caring                                    |                             |                             |
| Challenging Behaviour –<br>Early Years, KS1/KS2 |                             |                             |
| Challenging Behaviour –<br>KS3/ Adolescents     |                             |                             |
| Understanding<br>Exploitation                   |                             |                             |

# Learning & Development Activity Log



Name: \_\_\_\_\_

Foster carers are engaging in Learning & Development (L&D) opportunities and activities in a variety of ways every day. Often these are not captured or recorded because it's not seen as formal training.

Record your L&D activity either completed within Section 1 ~ 5 or other forms of learning (refer to page 65 for examples) here.

| L&D Activity | Date Completed/<br>Attended |
|--------------|-----------------------------|
|              |                             |
|              |                             |
|              |                             |
|              |                             |
|              |                             |
|              |                             |

# My Reflective Learning Log



**Use this Reflective Learning Log to reflect on any learning activities to support your TDS,s and your Personal Development Plan (PDP)**

**Title of Learning Activity:**

**Name:**

**Date:**

**Key areas of learning for me were:**

1.

2.

3.

**One thing that I will take away from this L&D activity that I will do differently and will make a positive difference to children & young people:**

**Other improvements that I want to make in my role as a foster carer:**

1.

2.

3.

**By when?**

**Areas I wish to explore further are? Support I need from my supervising social worker?**

# Examples of Learning & Development Activities



| Category                    | Examples   |
|-----------------------------|--|
| Self-Directed Learning      | <ul style="list-style-type: none"> <li>• Reading articles in books, magazines, newspapers or on a website that relate to caring for children &amp; young people and/or their needs</li> <li>• Watching/listening to a television programme/film, documentaries podcast, radio programme, any of which could have content that supports your understanding and increases awareness of children &amp; young peoples lived experiences</li> <li>• On-line learning modules e:g The Social Care Training Hub</li> <li>• Voluntary work you do that supports your understanding of children in your care</li> </ul> |
| Your role as a foster carer | <ul style="list-style-type: none"> <li>• Core/additional training</li> <li>• Attending meetings at school</li> <li>• Attending LAC reviews</li> <li>• Learning by doing – Everyday care of children &amp; young people</li> <li>• Supporting other foster carers (peer support)</li> </ul>   |
| Formal and educational      | <ul style="list-style-type: none"> <li>• Attending conferences</li> <li>• Academic courses resulting in a qualification relating to children &amp; young people</li> <li>• Further education courses</li> <li>• Co-facilitating training</li> <li>• Distance or on-line learning</li> </ul>  |

# Family Information Service

*'THE BEST START IN LIFE FOR CHILDREN AND YOUNG PEOPLE'*

## Who we are

Sandwell Family Information Service offers free, impartial information to families with children aged 0 to 19 years (or up to 25 years with a special educational need or disability), young people and professionals. We are the principal service for information to parents/carers for Sandwell Metropolitan Borough Council

## What we do

We are an early help service and our information helps families to find childcare and local support services. The Family Services Directory includes information on children's centres, money and benefits, education, health and wellbeing as well as local activities and things to do. We also manage and maintain the Children and Young Adults with Disabilities/Special Educational Needs Register

Email: [family\\_information@sandwell.gov.uk](mailto:family_information@sandwell.gov.uk)

Facebook: *Sandwell Family Information Service*

Twitter: @SandwellFIS

Website: [fis.sandwell.gov.uk](http://fis.sandwell.gov.uk)



The Dog, Duck & Cat Trust aims to help your child stay safe and healthy, through educating them about both their physical safety and emotional wellbeing.



At the Dog, Duck and Cat Trust our approach is simple, yet effective! We provide educational stories and resources to help children become more aware of some of the challenges they might face in day-to-day life.

Here is a full list of our stories and the topics they cover:

### Introduction to the World of Dog, Duck and Cat

- Sweets, treats, medicines and tablets - *Medicine awareness and being honest*
- What makes a REAL friend? - *Alcohol awareness and being kind*
- That does not make you look more grown up! - *Tobacco awareness and acting appropriately*
- The caretaker's cupboard - *Product safety and following rules*
- I'm a bit more grown up now - *Personal skills and developing trust*

### Practical Safety and Physical Wellbeing

- It smells good, BUT is it safe? - *Household product safety*
- Be careful what you put in your mouth - *Choking hazard awareness*
- I love MY car seat - *Car journey safety*
- Safer sleeping and careful cuddles - *Safe sleeping*
- Toilet training and hand washing guides
- Keeping people safe - *Household product safety*
- Little Paws; Cousin Dog or Wild Dog? - *Dog safety*
- Staying safe on holiday with Dog, Duck and Cat - *Sun and water safety*
- Burn and scald prevention tips
- Teach your child how to cross the road safely
- Cat the Pirate - *Knife and sharp object safety*

### Emotional Wellbeing

- Duck's Fish - *Dealing with bereavement*
- Caring for Cat - *Developing empathy for others*
- What's Up Duck? - *Working with emotions and feelings*
- Weasel's Friends - *Bullying and exploitation*
- You are great, as you are! - *Racism, prejudice, and intolerance*
- What happened to me? - *Online safety*





# Your Learning & Development Team

**Nino Mele:** Learning & Development Manger  
**Louise Harris:** Senior L&D Officer (07901 331735)  
**Michaela Morahan:** Workforce Development Assistant

For training enquiries or to book onto training, contact  
the Learning and Development Team



[SCT\\_training@sandwellchildrenstrust.org](mailto:SCT_training@sandwellchildrenstrust.org)

