



COST OF LIVING SUPPORT

Please find below, a summary of the current cost of living benefits which you may be entitled to.

COST OF LIVING PAYMENT - £650

You are entitled to a £650 payment (single or joint claimants) if you are in receipt of:

- Universal credit
- Income based JSA
- Income related ESA
- Income support
- Pension credit
- Child Tax Credit
- Working Tax Credit

PAYMENT DATES

1st payment £326 (paid 14-31st July) If you are eligible to one or more of the above benefits between 26/4/22-25/5/22.

2nd payment £326 (paid 8-23 November) If you are eligible to one or more of the above benefits between 26/8/22-25/9/22.

YOU HAVE NO ENTITLEMENT IF YOUR UNIVERSAL CREDIT PAYMENT WAS £NIL or YOUR TAX CREDIT CLAIM IS LESS THAN £26

The grant should be paid automatically into your account, is not taxable and does not affect your benefits entitlement.

DISABILITY COST OF LIVING PAYMENT -£150

You are entitled to a £150 payment (single or joint claimants) if you are in receipt of one or more of the below benefits on 25/5/2022.:

- Attendance Allowance
- Constant attendance allowance
- DLA -either Adult or Child
- PIP
- ADP (Scotland)
- CDP (Scotland)
- Armed Forces Independence Payment
- War Pension Mobility Supplement

PENSIONERS COST OF LIVING PAYMENT-£300

This is payable if you are eligible for the Winter Fuel Payment, it will be paid in November 2022. Please note that you get slightly more if you are born pre 26/9/1942.

ENERGY PRICE GUARANTEE - Price cap of £2500 for next 2 years

COUNCIL TAX REBATE- £150 -bands A-D

HOUSING SUPPORT FUND - £1.5 billion allocated to Local councils -apply via your local council

You can report a missing payment via [HMRC online](#), you only need to do this once.

If you would like any assistance on your tax, national insurance or benefits, simply call us on 0121 758 5013 or email enquiries@fostertalk.org Monday - Friday 9am-5pm